



Montreal

Photo: Samuel Charron/unsplash



Nate Hovee/Shutterstock.com

In addition of being the largest city in the province of Quebec, Montreal is easily the most multicultural metropolis in Canada, if not all of the Americas. It keeps strong marks of its French origins but has welcomed people of so many backgrounds it has become truly cosmopolitan. As night time falls, an orange glow coats the city, and Montreal's vibrant nightlife comes into motion.



Jane Rix/Shutterstock.com



Susanne Pommer/Shutterstock.com

Featured



Plateau Mont-Royal

Plateau Mont-Royal is simply the most beautiful and atmospheric neighbourhood...



Circuit Gilles Villeneuve

The noteworthy Formula One Canadian Grand Prix is held on this impressive circuit...



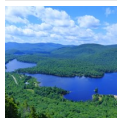
Pointe-à-Callière Museum o...

Pointe-à-Callière is a national historical and archaeological site that allows...



Rage Montreal

Do you have some stress or anger you would like to get rid of? Say no more,...



Laurentian Mountains

Leave the urban sprawl behind and admire Canadian natural beauty. Hop on the...

Top 5



Notre-Dame Basilica of Mon...

The most famous and picturesque cathedral in Montreal, Notre-Dame Basilica



Mount Royal

Step off the busy streets of Montreal and into nature to take in city life f...



Old Montreal

After a tour of the Montreal History Centre, walk through various areas of O...



Montreal Botanical Garden ...

The Montreal Botanical Gardens offer a welcome breath of fresh air in the bu...



The Montreal Museum of Fin...

The Museum of Fine Arts in Montreal is praised by the overwhelming majority ...



THE CITY



ProDesign studio/Shutterstock.com

Feel the grandeur of skyscrapers as you walk the broad streets of downtown Montreal. Beyond its French heritage, Montreal is a metropolis built on cultural synergy. From Little Italy to Chinatown, the philosophy of Montreal has always been to celebrate all cultures cohabiting within it, and no other city has done it better. Montreal has a free spirit, one that its residents uphold, and confers a powerful energy. Don't be surprised if, after a few hours only, you catch yourself smiling like a true Montrealer.

From long shopping streets and cute neighborhoods to glossy and huge modern buildings, Montreal's cityscape offers as much variety as its population. City of the 100 bell towers, it has not rejected its past, and one can still encounter old religious buildings such as the beautiful Saint Joseph's cathedral or the stunning Basilique Notre-Dame.

At night, the city awakens with new energy, and there is always something to do: festivals, fireworks, nightclubs, and more restaurants than one can count, just to begin with.

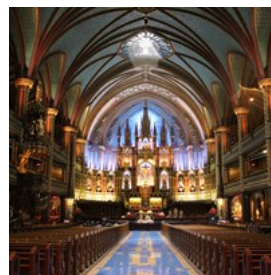
DO & SEE



jbd30/Shutterstock.com

From historical landmarks to atmospheric neighborhoods to lose yourself in, Montreal could very well be one of the coolest places on earth. There is enough to do and see to fill up an entire holiday, and every season brings its own charm. Frozen lakes in winter leave way to flowery mounts in spring, and sunbathing in the summer disappears into the maple colors of fall. Whether you choose to use the incredible public transport network, walk, or ride a bicycle, you are sure to enjoy a break in Montreal.

Notre-Dame Basilica of Montreal



The most famous and picturesque cathedral in Montreal, Notre-Dame Basilica is sure to leave an impression. Walk through the nave, across the dark blue floor, watched over by the large statues, to reach the impressive altar. The Basilica is a breathtaking sight, one that will most likely put you in a meditative state.

Photo: basicmatrix/Pixabay(image cropped)

Address: 110 Rue Notre Dame Ouest, Montreal

Public Transport: Metro Place d'Armes

Opening hours: Mon-Fri 10am-4:30pm, Sat 9am-4pm, Sun 12:30pm-4pm

Phone: +1 514 8422 925

Internet: www.basiliquenotredame.ca

Email: info@basiliquenddm.org

Mount Royal



Step off the busy streets of Montreal and into nature to take in city life from up above. Mount Royal is a perfect viewpoint to see the entire city in all its glory. The way up is a bit of a hike so wear good shoes, but, once you're there, take a deep breath and let the clean, fresh air fill your lungs. Do not miss Saint Joseph's Oratory.

Photo: [naibank/Shutterstock.com](#)
Address: Mount Royal, Montreal
Public Transport: Bus 11
Phone: +1 514 843 8240
Internet: www.lemontroyal.qc.ca
Email: info@lemontroyal.qc.ca

Old Montreal



After a tour of the Montreal History Centre, walk through various areas of Old Montreal, from Champ de Mars to Place d'Youville. Along the way you will have access to museums and attractions, such as the City Hall and the Bonsecours Market, as well as several beautiful public spaces. Don't forget your camera!

Photo: [oknidius/Flickr\(image cropped\)](#)
Address: Place d'Youville, Montreal

Montreal Botanical Garden & Green Spaces



The Montreal Botanical Gardens offer a welcome breath of fresh air in the busy city. Whether you visit the Biodôme, Botanical Garden,

Insectarium, or the Rio Tinto Alcan Planetarium, every single one will be a unique and memorable experience. All locations are conveniently close to each other, but make sure to take at least a couple of hours to explore each.

Photo: [meunierd/Shutterstock.com](#)
Address: 4101 Rue Sherbrooke E, Montreal
Opening hours: Tue-Sun 9am-5pm, Mon closed
Phone: +1 514 872 3000
Internet: www.espacepouurlavie.ca/jardin-botanique

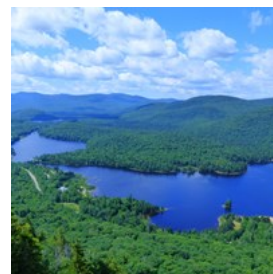
The Montreal Museum of Fine Arts



The Museum of Fine Arts in Montreal is praised by the overwhelming majority of its visitors, and for a reason: it has the largest collection of fine art in Canada, as well as a continuous rotation of exhibitions. Just like the city itself, the museum showcases two sides to art: historical and modern.

Photo: [Luke H. Gordon/Flickr\(image cropped\)](#)
Address: 1380 Rue Sherbrooke O, Montreal
Public Transport: Metro Peel or Guy-Concordia. Bus 24.
Opening hours: Tue-Sun 10am-5pm, Mon closed
Phone: +1 514 285 1600
Internet: www.mbam.qc.ca
Email: web@mbamtl.org

Laurentian Mountains



Leave the urban sprawl behind and admire Canadian natural beauty. Hop on the bus and travel through the beautiful landscapes all the way to the Laurentian Mountains. Get your camera ready to capture the steep mountain sides, adorned with bright red trees in autumn or flourishing greens in spring. Dotted with pretty

little towns and impressive rock formations, the Laurentian Mountains are a great day trip.

Photo: Yannick Vidal/Shutterstock.com

Address: Laurentian Mountains, Lac-Jacques-Cartier

More Info: Time your trip! Mornings offer beautiful dew and foggy moments and evenings offer the dark red setting sun.

Circuit Gilles Villeneuve



The noteworthy Formula One Canadian Grand Prix is held on this impressive circuit, located on Notre-Dame island. Stand on the tarmac and

experience the feeling of engines roaring past as racers battle each other for pole position. To experience the entire track, it is possible to use your own vehicle or even roller blade or bike along it.

Photo: Digital Storm/Shutterstock.com

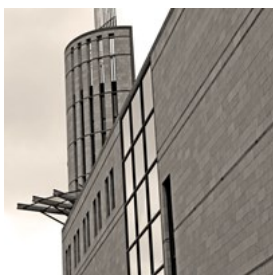
Address: Parc Jean-Drapeau, Montreal

Phone: +1 514 350 0000

Internet: www.parcjeandrapeau.com/en/circuit-gilles-villeneuve-montreal

Email: info@octanemanagement.ca

Pointe-à-Callière Museum of Archaeology and History



Pointe-à-Callière is a national historical and archaeological site that allows visitors to see how old Montreal came to life. It features both historical

and contemporary pieces, and takes you from day one to what the city has become now. Witness more than a 1000 years of human progress.

Photo: Rhiannon Lewis/Flickr(image cropped)

Address: 350 Place Royale, Montreal

Public Transport: Metro Place-D'Armes. Bus 715.

Opening hours: Tue-Fri 10am-5pm, Sat & Sun 11am-5pm, Mon closed

Phone: +1 514 872 9150

Internet: www.pacmusee.qc.ca

Email: info@pacmusee.qc.ca

Bell Centre



There is always something going on at Bell Centre, whether sporting events or concerts; this same 21,000-seat venue hosts the Cirque du Soleil. Alternatively, you can take one of the guided tours that will take you all the way to the locker rooms. Taking pictures is allowed and encouraged.

Photo: melis/Shutterstock.com

Address: 1909 Avenue des Canadiens-de-Montréal, Montreal

Phone: +1 514 925 5688

Internet: www.centrebelle.ca

Email: tours@bellcentre.ca

Montreal Biosphere



This museum benefits from a great location in a green environment on St Helen Island. The Biosphere Museum is dedicated to preserving the environment and sustainability. Natural environments are recreated indoors. It is a great activity for families, and the sphere is very photogenic from the outside.

Photo: Phil K/Shutterstock.com

Address: 160 Chemin du Tour de l'isle, Montreal

Opening hours: Tue-Sun from 9am. Closing times change seasonally. Mon closed

Phone: +1 514 283 5000

Internet: www.espacepouurlavie.ca/en/biosphere

Plateau Mont-Royal



Plateau Mont-Royal is simply the most beautiful and atmospheric neighbourhood in Montreal, with colorful brick Victorian houses, trendiest coffee shops and coolest boutiques in the city. A walk in the area is sure to lift your spirits.

Photo: Richard Cavalleri/Shutterstock.com
Address: Le Plateau-Mont-Royal, Montreal

La Ronde



La Ronde is a huge amusement and entertainment park located on Saint Helen Island. With around 40 attractions (ranging from roller coasters to water games), it is a great activity for families in the summer (keep in mind it closes during winter and usually reopens in May).

Photo: abdallah/Flickr(image cropped)
Address: 22 Chemin Macdonald, Montreal
Public Transport: Metro Jean-Drapeau and Papineau. Bus 167 and 169.
Opening hours: Open seasonally
Phone: +1 514 397 2000
Internet: www.laronde.com
Email: infolaronde@sixflags.com

Rage Montreal



Do you have some stress or anger you would like to get rid off? Say no more, Rage is the activity for you. This very special place will teach you how to throw axes in eleven different throwing

corridors. Whether you are here for a celebration or to release negative energy, be prepared to discover your inner warrior.

Photo: Kletr/Shutterstock.com
Address: 1436 rue Atateken, Montréal
Opening hours: Tue–Fri 2pm–9pm, Sat 11am–10pm, Sun 11am–7pm, Mon closed
Phone: +1 514 303-7243
Internet: www.rageaxethrowing.com

Bota Bota



Bota Bota is a floating spa location on St. Lawrence River. Prepare for a unique (albeit a little pricey) experience in several saunas, hot tubs, and outdoor pools — maybe even for a dip in the freezing river. The “spa sur l’eau” (spa on the water) also hosts DJs, movies and live music events from time to time.

Photo: Pierre Jarry/unsplash
Address: Old Port of Montreal, Montreal
Opening hours: Mon–Thu 10am–10pm, Fri–Sun 9am–10pm
Phone: +1 514 284 0333
Internet: www.botabota.ca

DINING



Syda Productions/Shutterstock.com

In a city where cultures mingle as harmoniously as in Montreal, and where the French influence remains strong, one can only expect an

incredible gourmet scene. Expectations are more than met in this cosmopolitan megalopolis, and one can savour everything from street food to fine delicacies.

Splurge on traditional Poutines, have a French dinner that may taste even better than in France or try eats from all over the world. The food here is usually well-served and genuine, from all origins and prepared with love.

Île Flottante



This inspired restaurant (formerly Les Deux Singes de Montarvie) has its roots in French cuisine. The choice of dishes is limited, with a selection from 2 options only: the tasting menu, or the vegetarian tasting menu. This limitation is however a guarantee of quality, and everything here is in season and beautifully prepared. It is a culinary experience like no other.

Photo: stockyimages/Shutterstock.com

Address: 176 Rue Saint Viateur Ouest, Montreal

Public Transport: Metro Rosemont

Opening hours: Wed-Sat 5pm-10pm, Sun-Tue closed

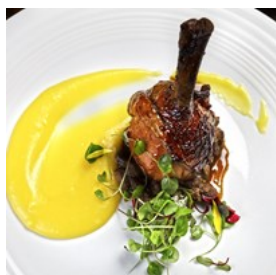
Phone: +1 514 278 6854

Internet: www.lesdeuxsingesdemontarvie.com

Email: info@lesdeuxsingesdemontarvie.com

More Info: Reservations are recommended

Bistro 1843



Bistro 1843 stands out among good restaurants in and around Montreal. Located on Bizard Island, it is surely worth the small trip out of the city.

The price is not in the lower-range, but the chef is a true artist and every bite is pure excellence, from meats and fish to even the sauces. This

restaurant is great if you want to celebrate or treat yourself to something special.

Photo: andrecaastro/Shutterstock.com

Address: 376 Chemin Cherrier, L'Île-Bizard

Opening hours: Mon & Tue closed, Wed-Sun 5:30pm-10pm

Phone: +1 514 305 1229

Internet: www.bistro1843.com

More Info: With only 30 seats, it is recommended to make a reservation or go very early.

Europea – Restaurant Jérôme Ferrer



Europea might make you think the best French cuisine is not in Paris or anywhere in France, but right here in Montreal!

Chef Jérôme Ferrer, who learned to cook by his grandmother's side, has never since left the kitchen and now shares his talent and passion with anyone who wishes to dine at his restaurant. Spanish, Italian and Catalan influences enhance the French flavours, for a truly extraordinary experience.

Photo: Andrey Bayda/Shutterstock.com

Address: 1233 Rue de la Montagne, Montréal

Opening hours: Mon & Tue closed; Wed-Fri 11am-1pm / 5pm-8:30pm; Sat & Sun 5pm-8:30pm

Phone: +1 514 398 9229

Internet: www.europea.ca

Email: info@europea.ca

Damas



Damas offers a beautiful culinary experience with recipes originating from Damas and Alep, prepared with the finest ingredients. A number of

hot and cold mezze (small plates) as well as main dishes are available. Worry not about making the right choice, all of them are top notch.

Photo: Andrey Bayda/Shutterstock.com

Address: 1201 Avenue Van Horne, Outremont

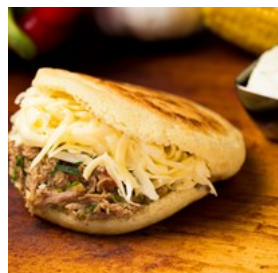
Opening hours: Tue-Sun 5:30pm-10pm, Mon closed

Phone: +1 514 439 5435

Internet: www.damas.ca

Email: info@restaurant-damas.com

Arepera



Arepera offers an appetizing cuisine, deeply rooted in Venezuelan culinary tradition. Experience the taste of an arepa, a corn based

Venezuelan bread, together with a memorable guacamole sauce. Arepera will please meat lovers (but also offers numerous vegetarian and vegan options) and is 100% gluten-free.

Photo: nehopelon/Shutterstock.com

Address: 73 East Prince-Arthur Street Montreal

Public Transport: Metro Sherbrooke or Mont-Royal. Bus 55.

Opening hours: Mon closed, Tue-Sun noon-9pm

Phone: +1 514 508 7267

Internet: www.arepera.ca

Email: areperaduplateau@hotmail.com

More Info: Vegetarien/Vegan and Gluten free

Le Club Chasse et Pêche



With a mix of French gourmet cuisine and Canadian specials, Le Club Chasse et Pêche knows how to please its crowd. From oysters to

deer and all the way to red velvet cake and other desserts, you are in for a treat. The wine and the service match the quality of the food: a great dining experience awaits!

Photo: Bignai/Shutterstock.com

Address: 423 Rue Saint-Claude, Montreal

Opening hours: Tuesday-Saturday 18:00 - 22:30. Closed Mondays and Sundays.

Phone: +1 514 861 1112

Internet: www.leclubchasseetpeche.com

La Banquise



La Banquise is without doubt the most famous Poutine joint in Montreal, and most locals will tell you it simply is the best. With over 30 varieties of Poutine (extra large if you go for the T-Rex), it is a local institution. It is also open 24/7, so you simply have no excuse to miss out on the place.

Photo: Foodio/Shutterstock.com

Address: 994 Rue Rachel E, Montreal

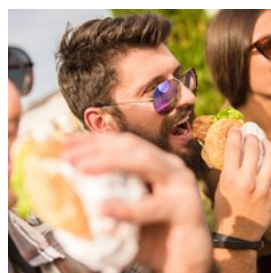
Opening hours: 24/7 except for Christmas Day

Phone: +1 514 525 2415

Internet: www.labanquise.com

Email: restolabanquise@hotmail.com

Local Montreal Food Tour



Join the Mile End Montreal Food tour for another kind of lunch: stroll in Mile End and discover local specialties ranging from fresh

homemade tomato sauce to rich chocolates. The tour will take you to six different locations where you can taste local gastronomy.

There are also other tours to choose from.

Photo: VGstockstudio/Shutterstock.com

Address: 5369 St-Laurent, Montreal

Opening hours: Tue-Sun at 11 am, 11:30am and noon

Phone: +1 438 600 0501

Internet: www.localmontrealtours.com/food-tours/mile-end-montreal-food-tour

Email: info@localmontrealtours.com

More Info: All food tastings are included in the ticket price

Moleskine



The Moleskine's cuisine is eclectic, imaginative and offers a wide range of gastronomic experiences, just like its baroque decor, which combines

elegant modernity with rough-draping. For lunch or dinner, you can sit down on the ground floor for a sandwich, a salad or a cheesy pizza. Or you may prefer going up to the mezzanine and enjoy more elaborate dishes, in a cozy and intimate atmosphere. On weekends, don't miss out on brunch.

Photo: Eneida Nieves/pexels

Address: 3412 Avenue du Parc, Montreal

Public Transport: Metro Place des Arts

Opening hours: Wed & Thu 5pm-9pm, Fri & Sat 5pm-10pm, Sun-Tue closed

Phone: +1 514 903 6939

Internet: www.moleskinerestaurant.com

Email: moleskinerestaurant@gmail.com

CAFES



aga2635/Pixabay (image cropped)

Montreal has cafes at nearly every corner. Some neighborhoods never disappoint, one good area to wander through in search for a cosy cafe or small eatery is Plateau Mont Royal. Avoid the big brands and scout the city for hidden gems and individual cafes. There is always a good excuse to stop for a nice cup o'Jo or some sweet treats, especially in a city like Montreal.

Cafe Myriade



Cafe Myriade is a sweet place. With its very warm atmosphere and great coffee, it will definitely charm you. They are the only coffee shop in the

country offering fresh milk with absolutely no preservatives. The atmosphere here is, however, very relaxed.

Photo: [supatchai/Shutterstock.com](https://www.shutterstock.com/stock-photo/supatchai)

Address: 1432 Rue Mackay, Montreal

Public Transport: Metro Guy-Concordia

Opening hours: Mon-Fri 7:30am-7pm, Sat & Sun 8am-5pm

Phone: +1 514 939 1717

Internet: www.cafemyriade.com

Email: info@cafemyriade.com

Cafe Castel



At Cafe Castel, coffees come in different colors, which often makes a cup resemble a true work of art. All kinds of brewing techniques are in use

here, and you can also opt for another drink such as an iced tea or a milkshake. For the hungry ones, you can also eat a quick sandwich or a full breakfast or meal. Certainly one of the best cafes in Montreal.

Photo: [Rawpixel.com/Shutterstock.com](https://www.shutterstock.com/stock-photo/rawpixel)

Address: 1015 Sherbrooke Street West, Montreal

Opening hours: Daily 7am-8pm

Phone: +1 514 285 6514

Internet: www.instagram.com/cafecastel

Email: cafecastelart@gmail.com

Cafe Parvis



Serving coffees as well as all sorts of food all day long, Cafe Parvis is one of the trendiest spots in Montreal for a coffee break. The cafe offers

somewhat of a classic backdrop to a sunny tea room and terrace. A great little cafe for warm summer days.

Photo: Juri Pozzi/Shutterstock.com

Address: 433 Rue Mayor, Montreal

Opening hours: Tue-Fri 11am-11pm, Sat 10am-11pm, Sun 10am-3pm, Mon closed

Phone: +1 514 764 3589

Internet: www.cafeparvis.com

Email: info@cafeparvis.com

Dispatch Coffee



Dispatch Coffee set the bar high on its products, the roasting, the brewing and the talent of its baristas — and you can taste it at the first sip!

Dispatch places special emphasis on keeping coffee production and trade sustainable and beneficial to both the producer and consumer.

Photo: Shaiith/Shutterstock.com

Address: 267 Rue Saint Zotique O, Montréal

Opening hours: Mon-Fri 8am-5pm, Sat & Sun 9am-5pm

Phone: +1 514 504 2351

Internet: www.dispatchcoffee.ca

Email: info@dispatchcoffee.ca

Cafe Larue & fils



Cafe Larue & fils offers everything from artisan lattes and sweets to soups and panini, but also beers. The best part of the cafe is its

atmosphere: quiet and relaxing, with stylish decor and pleasant staff. It's easy to completely lose track of time here.

Photo: baranq/Shutterstock.com

Address: 244 Rue de Castelnau E, Montreal

Public Transport: Metro De Castelnau or Jean-Talon

Opening hours: Mon-Fri 7am-6pm, Sat & Sun 8am-6pm

Phone: +1 514 272 8087

La Brume Dans Mes Lunettes



This cute neighbourhood cafe has it all: a family feel, amazing staff, delicious sweets, a large choice of crepes and other eats, and, of course,

delicious coffees — including some particularly well-prepared iced drinks. Don't miss out on this trendy spot.

Photo: racorn/Shutterstock.com

Address: 378 Rue Saint-Zotique E, Montreal

Public Transport: Metro Beaubien

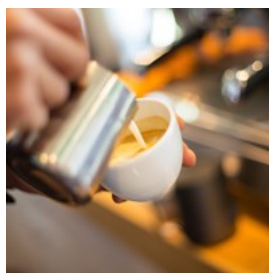
Opening hours: Mon-Fri 8am-5pm, Sat & Sun 10am-5pm

Phone: +1 514 379 1178

Internet: www.labrumedansmeslunettes.com

Email: labrume@labrumedansmeslunettes.com

180g Cafe-Disquaire



The friendliest vinyl shop in Montreal is also one of its coolest coffee shops: welcome to 180g Cafe-Disquaire! This place gets involved in the

city's cultural events, promoting street art and local artists. You will be received like an old friend and have a great time.

Photo: Lucky Business/Shutterstock.com
Address: 5866 Avenue De Lorimier, Montréal
Opening hours: Tue & Wed 10am-6pm, Thu 10am-7pm, Fri 10am-8pm, Sat 11am-7pm, Sun 11am-5pm, Mon closed
Phone: +1 438 290 5002
Email: info@le180g.com

Moustache Cafe



Moustache Cafe offers a merry experience, with large common tables where, if you like, you can meet new people, all the while sipping on coffee, fresh juices or vegan smoothies. You can also opt for gluten-free eats and other sweets. The cafe fosters a true community spirit.

Photo: Saurav Thapa Shrestha/unsplash
Address: 35 Rue Beaubien E, Montreal
Public Transport: Metro Beaubien
Opening hours: Mon-Fri 8am-6pm, Sat & Sun 9am-6pm
Phone: +1 514 999 0685
Internet: www.instagram.com/lemoustachecafe
Email: lecafemoustache@gmail.com

Paquebot

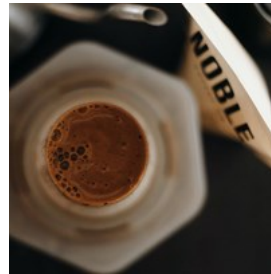


With a pleasant environment and original, quality drinks, Paquebot Cafe is certainly a spot worth checking out. Join the crowd of dedicated regulars and try their barrel coffee, or go for an original curry-ginger latte for a taste of something different.

Photo: RODNAE Productions/pexels
Address: 2110 Rue Bélanger, Montreal
Opening hours: Mon-Fri 8am-5pm, Sat & Sun 9am-5pm

Phone: +1 514 439 4344
Internet: www.paquebot.ca
Email: paquebotcafe@gmail.com

Noble Cafe



This independent coffee shop also serves ice-cream, in a classy and fancy yet understated interior. The owners and the staff are attentive and it's a great place to chill all year long. The location is also great — Noble Cafe really has everything going for it.

Photo: Jonathan Sanchez/unsplash
Address: 430 Avenue Laurier E, Montreal
Public Transport: Metro Laurier
Opening hours: Mon-Wed 7am-5pm, Thu & Fri 7am-5:30pm, Sat 8am-5:30pm, Sun 8am-5pm
Phone: +1 514 656 7630
Internet: www.instagram.com/noblecafemtl
Email: noblecafe.mtl@gmail.com
More Info: Second location at 7066 Rue Alexandra

Cafe Aunja

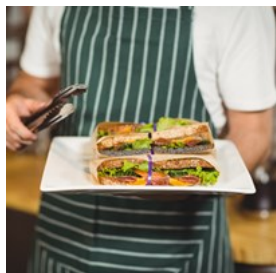


This popular Persian cafe boasts, perhaps, the cosiest atmosphere in town. With its seating area a little below ground level, clients can enjoy soft lighting and people-watch while retaining their privacy. In Cafe Aunja one can also find superb teas and coffees, sweets, live music and art on the walls.

Photo: Kübra Arslaner/pexels
Address: 1448 Rue Sherbrooke Ouest, Montreal
Public Transport: Metro Guy-Concordia. Bus 24.
Opening hours: Tue-Fri 9am-5pm, Sat & Sun 10:30am-6pm, Sun closed
Phone: +1 514 914 8337
Internet: www.aunja.com
Email: info@aunja.com

More Info: Close to the Montreal Museum of Fine Arts

Cafe Melbourne



Cafe Melbourne is a taste of Australia right in the heart of Montreal. If you feel like some Australian warmth could help you through the tough

Canadian winter, step in for some vegemite avocado toast or jaffle. The inside room is comfortable, but the best part of Cafe Melbourne is its patio filled with potted plants.

Photo: wavebreakmedia/Shutterstock.com

Address: 4615 Boul St-Laurent, Montreal

Opening hours: Tue-Sun 10am-4pm, Mon closed

Internet: www.instagram.com/lecafemelbourne

Café Olimpico



Established in 1970, Café Olimpico has always stuck to its Italian roots, which show in every detail, from their signature espresso to the

memorabilia belonging to soccer teams of the country. A TV is also available for sport fans, so that they can enjoy watching a match while sipping on their beverage coupled with cannoli pastries.

Photo: StudioByTheSea/Shutterstock.com

Address: 124 Rue Saint Viateur West, Montréal

Opening hours: Daily 6am-midnight

Phone: +1 514 495 0746

Internet: www.cafeolimpico.com

More Info: Two more locations: Downtown and in Old-Port

BARS & NIGHTLIFE



Songquan Deng/Shutterstock.com

As night falls, Montreal gains new vibrancy with its large variety of authentic bars, musical performances, and frequent festivals. Head to the Old Port of Montreal and check out Terrace Bonsecours to dance the night away. One can also take things at a slower pace and relax in a lounge or a jazz bar. Music lovers will find an abundance of music bars, while the rest hits the streets in search for the best cocktails in town (the options here are practically endless).

Upstairs Jazz Bar & Grill



A jazz bar/club at its best. With live music all year long, a classic and elegant interior with stone walls and wood panels, and a good

offering of meals and snacks, Upstairs takes the lead on Montreal's music scene. It is a place to come for inspiration or to make friends.

Photo: Geoff Goldswain/Shutterstock.com

Address: 1254 Rue Mackay, Montreal

Public Transport: Metro Guy Concordia

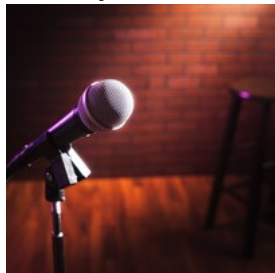
Opening hours: Check event calendar

Phone: +1 514 931 6808

Internet: www.upstairsjazz.com/calendar

Email: info@upstairsjazz.com

Comedy Nest



The purported "funniest city in the world" has no shortage of comedy clubs, The Comedy Nest ranking among the funniest of the funniest. The club

features a regular rotation of top-tier acts, who perform every weekend even outside of Montreal's famous Just for Laughs festival, the largest celebration of all things comedy globally.

Photo: Fer Gregory/Shutterstock.com

Address: 2313 Saint-Catherine St W, 3rd Floor, Montreal

Phone: +1 514 932 6378

Internet: comedynest.com

La Distillerie



La Distillerie is has three locations in Montreal, so you can choose the one located the most conveniently for you.

They serve amazing original cocktails, as well as some food. Beer is also on the menu, in case cocktails aren't your drink of choice.

Photo: Arina P Habich/Shutterstock.com

Address: 300 Rue Ontario E, Montreal

Opening hours: Mon-Wed & Sun 6pm-1am, Thu 4pm-2am,

Fri & Sat 4pm-3am

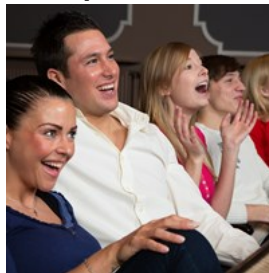
Phone: +1 514 448 2461

Internet: www.pubdistillerie.com

Email: info@distillerie.tv

More Info: La Distillerie has four locations in Montreal

Juste pour rire aka Just For Laughs



Plan in advance if you want to catch a comedy show at one of the venues, or even attend their popular Just for Laughs festival.

Well-known comedians from all over the continent gather to make you laugh out loud. Have a look at the website and check out the program.

Photo: Ikonoklast Fotografie/Shutterstock.com

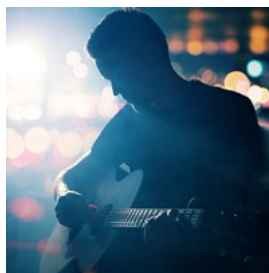
Address: 2101 Boul St-Laurent, Montreal

Phone: +1 514 845 3155

Internet: www.hahaha.com

Email: info@hahaha.com

Bistro a Jojo



The compact (yet incredibly popular) Bistro a Jojo is guaranteed to let you have an incredibly fun evening out. Grab a drink, sit back and enjoy

the live music while the bartender sets the bar on fire. If you're looking for an explosive night out, make your way to the Quartier des Spectacles where the bar is located.

Photo: donatas1205/Shutterstock.com

Address: 1627 Rue Saint-Denis, Montreal

Public Transport: Métro Berri-UQAM

Opening hours: Daily noon-3am

Phone: +1 514 843 5015

Internet: www.bistroajojo.com

Email: bistroajojo.montreal@gmail.com

Brutopia



Freshly brewed beer and good food are only a couple of Brutopia's perks. The waiters are knowledgeable and can recommend which beers will best suit your taste. The menu includes vegetarian options. Several events also take place here, ranging from open mic nights and live music to quizzes.

Photo: Africa Studio/Shutterstock.com
Address: 1219 Rue Crescent, Montreal
Public Transport: Metro Lucien L'Allier or Guy/Concordia
Opening hours: Sun-Thu 2pm-midnight, Fri & Sat noon-1am
Phone: +1 514 393 9277
Internet: www.brutopia.net

Foufounes Electriques



A mix of house, electro, metal, and punk music is played in this club; genres vary by day. What might just be the city's best alternative bar and club, Foufounes Electriques frequently hosts concerts and has a well-stocked bar to keep you going all night long, as well as pool tables and foosball.

Photo: Stephen Kelly/cc by 2.0/flickr (cropped)(image cropped)
Address: 87 Rue Sainte-Catherine E, Montreal
Public Transport: Metro St-Laurent - Metro Berri-UQAM
Phone: +1 514 844 5539
Internet: www.foufouneselectriques.com
Email: info@foufounes.qc.ca

Ziggy's Pub



"No food, just drinks" could be Ziggy's motto. Come here to have fun, mingle and meet people — Ziggy's is a place to meet the locals and make unforgettable memories, all the while catching a sporting match on TV and sipping on one of the many drinks on offer.

Photo: bogdanhoda/Shutterstock.com
Address: 1470 Rue Crescent, Montreal
Opening hours: Mon-Fri 2pm-3am, Sat & Sun noon-3am
Phone: +1 514 285 8855
Email: info@ziggyspub.ca

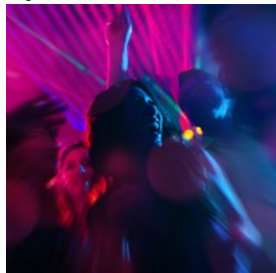
Pullman



The Pullman is dedicated to the pleasures of wine-drinking. In a sophisticated and subtly eccentric setting (the chandelier is made of drink glasses), where a relaxed atmosphere prevails, the noble beverage is enjoyed with simple bites or mouth-watering dishes. Lodged in a three-story town house, it truly is a place like no other.

Photo: archimede/Shutterstock.com
Address: 3424 Avenue du Parc, Montreal
Public Transport: Metro Place des Arts
Opening hours: Wed & Thu 4:30pm-10pm, Fri & Sat 4:30pm-11pm
Phone: +1 514 288 7779
Internet: www.pullman-mtl.com
Email: info@pullman-mtl.com

Apt. 200



Apt. 200 is a very peculiar and eclectic place, where you are sure to have a great time. The management team values its clients and makes sure

it does not get crowded so everyone can dance, chat and generally enjoy themselves. This means that if you want to make it inside, arrive early.

The place is styled as an apartment with a bedroom, living room, etc., and has old arcade games and a pool table.

Photo: Kzenon/Shutterstock.com
Address: 3643 St-Laurent, Montreal
Public Transport: Metro Sherbrooke
Opening hours: Wed-Sun 9pm-3am
Phone: +1 438 880 3354
Internet: www.ap200.com/montreal
Email: montreal@ap200.com

Flyjin



The Flyjin is a chic Asian brasserie located in the heart of Old Montreal.

Sophisticated and mysterious, the place offers a unique concept,

bringing together a restaurant with Asian influences and a vibrant bar, where one can discover a vast selection of Japanese whiskey, sake, wines and exclusive Japanese beers, as well as carefully crafted cocktails.

Photo: Nan Palmero/Shutterstock.com
Address: 417 Rue Saint-Pierre, Montreal
Opening hours: Wed-Sat 7pm-late
Phone: +1 514 564 8881
Internet: www.flyjin.ca
Email: rsvp@flyjin.ca

Burgundy Lion



The Burgundy Lion brings England to Montreal with its full-on British pub atmosphere. The pub is pretty laid-back and serves British pub grub

foods, along with offering a large selection of beers, whiskeys and wines. The vibe is laid-back and everyone is welcome.

Photo: donfiore/Shutterstock.com
Address: 2496 Rue Notre-Dame Ouest, Montreal
Public Transport: Metro Lionel-Groulx
Opening hours: Mon-Fri 11:30am-3am, Sat & Sun 10am-3am
Phone: +1 514 934 0888
Internet: www.burgundylion.com
Email: info@burgundylion.com

Maison Saint Paul



Maison Saint Paul is the first and only "bubble bar" in Montreal, created as a love declaration to the precious drink. The champagne list is so long

you can find bottles from all across the world and to suit different budgets. You can accompany your glass of bubbly with some delicious food, or opt for the Bloody Caesar: a Canadian specialty that gives a twist to the Bloody Mary and turns it into a drink-and-snack.

Photo: SKYLAKE STUDIO/unsplash
Address: 343 Rue Saint Paul Est, Montreal
Public Transport: Metro Champs-de-Mars
Opening hours: Wed-Sat 5pm-3am, Sun 10am-3am
Phone: +1 514 903 9343
Internet: www.instagram.com/maisonsaintpaul

SHOPPING



Rawpixel.com/Shutterstock.com

There is an incredible amount of opportunities to shop for nearly anything under the sun in Montreal. And with an entire underground network of stores, hotels, and even offices nicknamed "Underground City", the cold of the winter is no excuse. Huge malls can be found throughout the whole city, but chances are Montreal will win you over with its nice markets, vintage stores or small local boutiques boasting of true Montreal style.

Divine Chocolatier



Buying chocolate in the supermarket is one thing, having it personally prepared by one of the most dedicated chocolatiers in Canada is another. Among the busy streets of Montreal lies a small boutique called the Divine Chocolatier. Richard Zwierzynski opened his store after being inspired by Willy Wonka and makes sure his customers experience a memorable visit.

Photo: Alexander Stein/Pixabay

Address: 2158 Rue Crescent, Montréal

Opening hours: Mon-Sat 11am-6pm, Sun noon-5pm

Phone: +1 514 282 0829

Internet: www.divinechocolatier.com

Email: facebook@divinechocolatier.com

Eaton Centre



A beautiful shopping centre and a part of what locals call the "Underground City" of Montreal: an extensive network of malls, shops, hotels and even office buildings connected under the ground, used a lot in the winter. The multi-storey Eaton Centre has multiple stores and boutiques and large food court.

Photo: Tony Webster/cc by 2.0/wikimedia (cropped)(image cropped)

Address: 705, rue Sainte-Catherine Ouest Montréal

Phone: +1 514 288 3708

Internet: www.centreeatondemontreal.com

Email: info@centreeatondemontreal.com

Jean-Talon Market



Jean-Talon Market is a colorful fruit and vegetable market in Montreal. Take a stroll through the different aisles and take in the smell fresh fruit, all ready to be taken home. If you're looking to keep to a healthy lifestyle while on vacation, this is the place to visit.

Photo: lola1960/Shutterstock.com

Address: Corporation de gestion des marchés publics de Montreal, 155 Avenue Greene, 3e étage, Montreal

Opening hours: Mon-Sat 8am-6pm, Sun 8am-5pm

Phone: +1 514 937 7754

Internet: www.marchespublics-mtl.com/marches/jean-talon/

Email: info@marchespublics-mtl.com

Atwater Market



Another city market offering various fruit and vegetables. The iconic tower overlooking the market makes it particularly easy to spot from a distance. When on a bicycle or on foot, take a pleasant stroll along the canal and end up at Atwater for some shopping.

Photo: Layland Masuda/Shutterstock.com

Address: 138 Avenue Atwater, Montreal

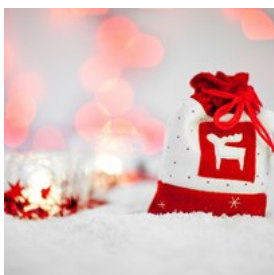
Opening hours: Mon-Fri 9am-6pm, Sat & Sun 9am-5pm

Phone: +1 514 937 7754

Internet: www.marchespublics-mtl.com/marches/atwater

Email: info@marchespublics-mtl.com

Noël Eternel



Why should December be the only Christmas month? Noël Eternel makes sure to give you that Christmas feeling every day of the week and all year round, whether or not snow is falling. Offering a large variety of Christmas items such as little villages, elves, nativity scenes, tree decorations (and much more), at Noël Eternel it's Christmas every day.

Photo: PublicDomainPictures/Pixabay

Address: 60 Rue Notre Dame Ouest, Montreal

Opening hours: Daily 10am-5pm

Phone: +1 514 285 4944

Internet: www.noeeleternel.com

Email: info@noeeleternel.com

Bar à lunettes Marie-Sophie Dion



A very appreciated optician in the city of Montreal, offering many different frames and with a staff that treats you like a VIP. When looking for new glasses or inspiration, the staff will listen to your needs and wants and offer a selection based on your choices.

Photo: Elena Kharichkina/Shutterstock.com

Address: 401 Rue McGill, Vieux-Montréal, Montreal

Opening hours: Mon-Fri 10am-6pm, Sat 10am-3pm, Sun closed

Phone: +1 514 843 3466

Internet: www.baralunettes.com

Email: mtl@msdion.com

Les Cours Mont-Royal



A traditional mall/shopping centre offering various shops, hair salons, a food court and individual cafes. Connected directly to a metro station and the Underground City, it is very easily accessible by public transport and offers a wide selection of fashion boutiques.

Photo: Syda Productions/Shutterstock.com

Address: 1455 Rue Peel, Montreal

Opening hours: Mon-Wed & Sat 10am-6pm, Thu & Fri 10am-9pm, Sun noon-5pm

Phone: +1 514 842 7777

Internet: www.lcmr.ca

Mycoboutique Inc



Mycoboutique Inc is a store with a focus on teaching you everything there is to know about mushrooms, even down to how to grow them

yourself: you can even easily grow your own truffles on your lawn. The boutique is a great place to pick up unusual gifts and souvenirs.

Photo: alicja neumiler/Shutterstock.com

Address: 4324 Rue Saint-Denis, Montreal

Opening hours: Mon-Wed 10am-6pm, Thu & Fri 10am-8pm, Sat 10am-5pm, Sun noon-5pm

Phone: +1 514 223 6977

Internet: www.mycoboutique.ca

Email: info@mycoboutique.ca

Eva B



Don't be discouraged by the post-apocalyptic looking front of the store and dare to enter this Ali Baba's cave. Vintage clothes and accessories,

odd objects and art pieces are gathered here in a seemingly chaotic manner, but you can also stop here for some coffee or snacks. Eva B is eclectic and fabulous.

Photo: bikeriderlondon/Shutterstock.com

Address: 2015 Boul St-Laurent, Montreal

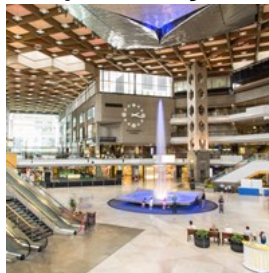
Opening hours: Mon-Sat 11am-7pm, Sun noon-6pm

Phone: +1 514 849 8246

Internet: www.eva-b.ca

Email: boutiqueevab@gmail.com

Complexe Desjardins



The Complexe Desjardins is a sight to behold, with a futuristic architecture and lights as well as a large lit-up fountain. On the inside it is a classic

mall with an assortment of food, clothing, and sundries. It is so huge that it feels at times like a city within the city.

Photo: zoxcleb/cc by-sa 2.0/Wikimedia(image cropped)

Address: 150 Rue Ste-Catherine O, Montreal

Opening hours: Mon-Wed & Sat 9:30am-6pm, Thu & Fri 9:30am-9pm, Sun noon-5pm

Phone: +1 514 845 4636

Internet: www.complexedesjardins.com

Email: courriel@desjardinsdgi.com

Argo Bookshop



This book shop has, since its creation in the 1960's, always focused more on providing quality and personalized services than making a big profit.

Montreal's oldest English language bookshop offers all kinds of books, including works of local authors, and hosts an open mic night once a month for writers, comedians and musicians.

Photo: michaeljung/Shutterstock.com

Address: 1915 Rue Sainte-Catherine O, Montreal

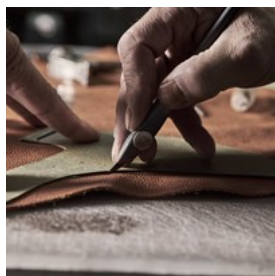
Opening hours: Mon-Fri 11am-8pm, Sat noon-3pm, Sun noon-6pm

Phone: +1 514 931 3442

Internet: www.argobookshop.ca

Email: argobookshop@gmail.com

m0851



Designer of leather bags, accessories and clothes, m0851 has a prime spot on the shopping scene of Montreal. All products sold in the shop are

crafted locally and by hand, creating a unique identity among them all. The quality is superb and the styles on point.

Photo: fotoinfot/Shutterstock.com

Address: 3526 Boul St-Laurent, Montreal

Opening hours: Mon-Wed 11am-6pm, Thu 10am-7pm, Fri 10am-8pm, Sat 10am-5pm, Sun 11am-5pm

Phone: +1 514 849 9759

Internet: www.m0851.com

Email: info@m0851.com

TOURIST INFORMATION



Adwo/Shutterstock.com

Montréal-Trudeau International Airport (YUL)



There is an active bus service between the airport and the central bus station: the 747 bus line, which runs 24/7. The average travel time is

between 45 to 70 minutes, depending on traffic conditions. The fare allows for unlimited travel for 24 hours. The ticket can be acquired through

dispensers on the international arrivals level at the airport.

Apart from buses, you can hire a cab to downtown or a limousine. Additionally, most hotels offer shuttle services which can be ordered via their own website, or at the airport. You can also check the services of a car rental company for more flexibility.

Trains also service the airport with Canada's national passenger rail service called VIA Rail Canada. They offer intercity connections, and a free minibus service to travel to Dorval and the Montreal-Trudeau Airport. You can also check out the regional bus shuttles for other cities.

Photo: Juan Garces

Address: Aéroport International Montréal-Trudeau, 1100 Boulevard René-Lévesque Ouest, Montréal

Phone: +1 514 394 7200

Internet: www.admtl.com/en

More Info: Formerly known as Montréal-Dorval International Airport

Public Transportation



Société de transport runs most of the bus and metro lines within the city of Montreal. The metro system website has a trip planner and various

maps that can assist with your daily planning. The first metro train usually starts around 5:30 in the morning, the last one is between 00:30 am and 1:00 am on Friday and Saturdays, and earlier the other days. Metro lines are color coded and directions are indicated using the name of the last stop on the line.

Buses are also available all over the city. A one-way ticket is the only ticket type that can be

bought on board the buses, if you have exact change. If you continue a single ride from the metro onto a bus, the same ticket is valid. When switching from bus to metro or from one bus to another, ask the driver for a free slip.

Several types of tickets exist and can be purchased at vending machines or stations. If you are staying for an extended period of time, purchase a rechargeable Opus card for convenient fare payment.

Photo: Luc Auclair
Internet: www.stm.info

Taxi



Blacklane, Uber and Eva rideshare applications operate in Montreal area. You can either hail taxis in the street or book one in one of these

agencies:

Taxi Diamond
+1 514 273 6331
taxidiamond.com

Taxi Co-op
+1 514 725 9885
www.taxi-coop.com

Photo: ArrivalGuides

Post Office



You can usually buy stamps in post offices of Canada Post or in pharmacies and drugstores. Mail boxes are red.

Photo: Andy Fuchs

Address: Canada Post, 1974 Saint-Catherine St W, Montreal
Opening hours: Mon-Fri 9am-5pm, Sat & Sun closed
Phone: +1 514 846 5387
Internet: www.canadapost.ca

Pharmacy



Pharmacies are relatively easy to locate and some operate 24/7.

Photo: Gemma Garner

Address: Pharmaprix, 5122 Côte-des-Neiges Road, Montreal
Phone: +1 514 738 8464
Internet: www.pharmaprix.ca

Telephone



Country code: +1 Area code: 450 & 579

Photo: Jardson Almeida

Electricity



110 Volts 2 flat pin plug

Photo: Stirling Tschan

Population

City: 1.8 million Montrealers (2021)
Metro area: 4.3 million (2021)

Currency

Canadian Dollar: 1 CAD = 100 cents

Opening hours

Shops:

Monday, Tuesday, Wednesday, Saturday 9 am to 6pm
Thursday to Friday 9 am to 9pm
Sunday noon to 5pm

Banks:

Monday to Friday 10 am to 3/4 pm

Post Offices:

Monday to Friday 8/8:30 am to 5/5:30 pm

Restaurants:

11 am to 2 pm for lunch and 7 pm to 11pm for dinner

Internet

www.mtl.org
www.montreal.ca

Newspapers

Montreal Gazette — www.montrealgazette.com
Montreal Times — www.mtltimes.ca
The Suburban — www.thesuburban.com
CTV News — montreal.ctvnews.ca

Emergency numbers

911

Tourist information

Tourist Welcome Office in Old Montréal
Place Jacques-Cartier, 174, rue Notre-Dame E., Montréal
+1 800 230-0001

See website for more locations:

www.bonjourquebec.com/en/plan-your-trip/contact-us