



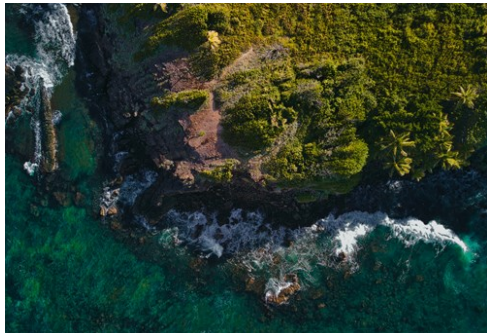
# Port of Spain

Photo: Renaldo Matamoro/unsplash



Thruston Benny/unsplash

Port of Spain, the vibrant capital and the third largest city of Trinidad and Tobago, entices travellers from far and wide with its undeniable charm. Basking in a tropical climate that ensures a constant dose of hot, humid weather, this city has become a beloved hotspot for tourists seeking an all-year-round beach paradise, caressed by the gentle waves of the Caribbean Sea to the west and the Gulf of Paria to the east. With a plethora of hotels, restaurants and shops, Port of Spain promises a truly memorable experience.

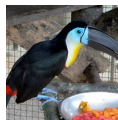


Renaldo Matamoro/unsplash



Wayne Lee-Sing/unsplash

## Featured



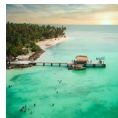
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### Trinidad Carnival

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## THE PORT



*amanderson2/cc by 2.0/flickr (image cropped)*

Unlike its more popular Caribbean counterparts, Trinidad is not commonly frequented by cruise ships. As a result, disembarking at Port of Spain offers a unique experience that sets it apart from other cruise ports in the region. This distinction can be attributed to Trinidad and Tobago's status as a highly industrialized nation, with its port being a bustling commercial hub. Consequently, the cruise terminal in Port of Spain may differ significantly from the typical Caribbean cruise ports, adding a touch of distinctiveness to your visit.

If your cruise ship docks on the island of Tobago, your cruise ship will likely make its berth at Scarborough, the conveniently located cruise terminal nestled in the heart of the town. On certain occasions, however, ships may anchor off the western tip of the island and tender passengers to Pigeon Point, which is situated approximately 8 km away from Scarborough.

Due to its southerly position in the Caribbean, Trinidad receives fewer visits from major cruise lines compared to other destinations. Notable cruise lines that include Port of Spain in their itineraries are Princess, Holland America, Royal Caribbean, and Fred.

## Port of Spain Cruise Terminal



The Port of Spain is the largest cruise port in the twin-island republic of Trinidad and Tobago. The Port has two piers and it can accommodate two cruise ships at the same time. The terminal offers many services and facilities for passengers and crew. It has a tourist information office, souvenir and duty-free shops, cafes and restaurants.

Upon docking at Port of Spain, visitors are greeted by a festive atmosphere with calypso singers, steelpan players, and Carnival dancers. Also, there are taxis available outside the terminal offering tours on the island. If you do not want to take a taxi, exploring the city on foot is definitely an option, as the shopping and financial district is only 15 minutes away.

As for safety, local authorities strongly recommend walking in groups, especially at night. Other recommendations are not carrying large sums of money and avoiding dark streets or parks at midnight.

Photo: Renaldo Matamoro/unsplash

Phone: +1 868 627 4477

Internet: [www.whatsinport.com/Port-of-Spain.htm](http://www.whatsinport.com/Port-of-Spain.htm)

## Scarborough Cruise Port Tobago



Located just a few minutes' walk from the centre, The Scarborough cruise ship terminal is the second port in Trinidad and Tobago. Being a smaller terminal, it can only host one cruise ship at a time, however, on busy days other cruise ships anchor on the west side of the island to

then tender passenger ashore.

If your cruise ship docks in Scarborough, there are a few cafes, bars and restaurants near the cruise terminal. Other points of interest nearby are the Scarborough Botanical Gardens and Fort King George. There are also buses running regularly from the terminal to Crown Point and the famous beach of Pigeon Point.

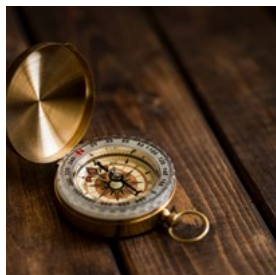
Photo: Bgabel/cc by-sa 2.5/wikimedia (upscaled)(image cropped)

Address: Carrington Street, Scarborough, Trinidad & Tobago

Phone: +1 868 639 2668

Internet: [www.whatsinport.com/Scarborough.htm](http://www.whatsinport.com/Scarborough.htm)

### Directions to Port of Spain Cruise Terminal.



The Port of Spain Cruise Ship Complex is located on Wrightson Road in Port of Spain, Trinidad. If you are arriving by air, the Piarco International

Airport is located approximately 25 kilometres east of the city. Taxis are readily available at the airport and throughout the city. If you'd rather take a public bus, the bus terminal in Port of Spain is located at City Gate, which is within walking distance of the port.

From Piarco International Airport:

Take the Churchill Roosevelt Highway westbound towards Port of Spain.

Continue straight for approximately 20 kilometers until you reach Port of Spain.

Turn right onto Wrightson Road, where you will see signs for the port.

From San Fernando:

Take the Solomon Hochoy Highway northbound

towards Port of Spain.

Continue straight for approximately 35 kilometres until you reach Port of Spain.

Turn left onto Wrightson Road, where you will see signs for the port.

From Maracas Beach:

Take the North Coast Road southbound towards Port of Spain.

Continue straight for approximately 30 kilometres until you reach Port of Spain.

Turn right onto Wrightson Road, where you will see signs for the port.

From Chaguaramas:

Take the Western Main Road eastbound towards Port of Spain.

Continue straight for approximately 10 kilometres until you reach Port of Spain.

Turn left onto Wrightson Road, where you will see signs for the port.

Photo: Aaron Burden/unsplash

### Internet Access



There is free WiFi at the Port of Spain Cruise terminal, however, the connection is somewhat slow.

Photo: Christiaan Colen/cc by-sa 2.0/flickr(image cropped)

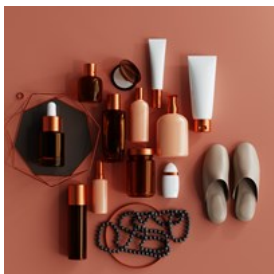
### ATMs at the Port



The safest bet when it comes to finding ATMs at the cruise terminal is heading to the financial district, which is only 15 minutes away on foot. All cash withdrawals are in Trinidad and Tobago dollars (TT dollar), although US dollars are also widely accepted.

Photo: redspotted/cc by 2.0/flickr (upscaled)(image cropped)

### Last-Minute Essentials



There are clothing boutiques, souvenir shops, and duty-free shops in the Port of Spain Cruise Ship Complex. Should you need to purchase other essential items such as toiletries, snacks, or medication, some of the nearest options are the Starlite Pharmacy & Convenience Store, located at approximately 1.5 km (about 1 mile) away from the port, and the West Mall Shopping Center, approximately 2.5 km (about 1.5 miles) away from the port.

Photo: pmv chamara/unsplash (cropped)

### Dining at the Port



There are several restaurants and cafes located within the terminal where you can grab a bite or a drink. Other options near the terminal are the Waterfront Restaurant, close to the ferry terminal, or Texas de Brazil - Trinidad, near Invader's Bay.

Since the cruise terminal is close to downtown

Port of Spain, cruise passengers can also head there to have more dining options to choose from. If time is not an issue, it takes roughly 45 minutes to walk there. The best, safest option is to take a taxi, which only takes 7 minutes.

Photo: Louis Hansel/unsplash

### Things to Do at the Port



There are a number of things to do at the Port of Spain Cruise Terminal if you have time to spare. The Terminal itself is a great starting point, with a variety of shops and other services available. There are also live performances of steelpan music, traditional Carnival dancers to give cruise passengers a warm welcome.

The terminal is located near several local attractions that can be easily reached by taxi or public transportation. Some of the most popular ones are: the Queen's Park Savannah, the National Museum and Art Gallery, and the Royal Botanic Gardens.

Photo: Kip1234/cc by-sa 4.0/wikimedia(image cropped)

## THE CITY



*Renaldo Matamoro/unsplash*

Located on the northwest coast of Trinidad Island, Port of Spain is the capital city of Trinidad and Tobago. This bustling metropolis is famous for its rich history and diverse cultural influences, not to mention its vibrant nightlife, colourful festivals, delicious cuisine and its golden sand beaches.

Since Spain was one of the countries colonizing the islands, the city was originally named Puerto de los Españoles, which translates to Port of the Spaniards.

Columbus stumbled upon Trinidad and Tobago on his third voyage in 1498. Back then, Trinidad was inhabited by the Arawak Indians, who were wiped out by early European settlers. The island was colonized by the Spanish in 1592 and continued under their rule until 1797, when it was captured by the British.

Today, with a transient daily population of about 545,000, Port of Spain's culture is a blend of various cultural influences including Indian-South Asian, African, Indigenous, European, Chinese, North American, Latino, and Arab cultures. Unlike many other Caribbean islands, Port of Spain is not dependent on tourism. The city has a diversified industrial base that includes the production of various goods

such as rum, beer, margarine and oils, cigarettes, plastics, and building materials.

Port of Spain is an exciting destination that offers something for everyone. Its convenient location and beautiful natural surroundings make it a must-visit stop for any Caribbean cruise itinerary.

## DO & SEE



*Colin Watts/unsplash*

Port of Spain is a thriving, major city in the Caribbean. Its tall buildings, busy streets, and bright lights, might make you think it is similar to many other cities, however, Port of Spain has a unique Caribbean flair.

The city boasts a range of activities such as cricket and football matches, shopping centres, an art and history museum, historic landmarks and of course, the Trinidad Carnival in Easter. What is also worth checking out during your visit to Port of Spain is Calypso music, an Afro-Caribbean musical tradition that emerged in Trinidad and Tobago. There are many bars and clubs in the city where it is possible to experience Trinidad's Calypso music.

There are several stunning beaches in the region, ranging from the ones most frequented by visitors on day trips from Port of Spain to peaceful and secluded spots, which are preferred

by the locals.

### Trinidad Carnival



Dating back to the 18th century, the Carnival in Port of Spain, Trinidad is one of the most vibrant festivals in the Caribbean, and the world over. It begins on the Monday before Ash Wednesday and ends the following day.

Before the festivities kick off, there are a series of pre-Carnival events and parties, in which visitors will experience firsthand the best of Trinidad's music and entertainment. The Calypso Monarch competition and the Soca Monarch competition are two of the most important ones. After that, the streets of Port of Spain come alive with a massive parade showcasing elaborate costumes. Participants dance through the streets to the beat of soca and calypso music.

Last but not least, as in any other major event, local authorities recommend that visitors take precautions to ensure their safety and enjoy the carnival to the fullest. If you are lucky enough to be in Port of Spain at this time of the year, do not miss out.

Photo: Holger Woizick/unsplash

Internet: [www.destinationtnt.com/to-do-and-see/culture-and-heritage/carnival](http://www.destinationtnt.com/to-do-and-see/culture-and-heritage/carnival)

### Queen's Park Savannah



Queen's Park Savannah, also known as "The World's Largest Roundabout", is a public park in downtown Port of Spain. The park is located across the street from the Magnificent Seven,

which are large mansions built during the colonial period.

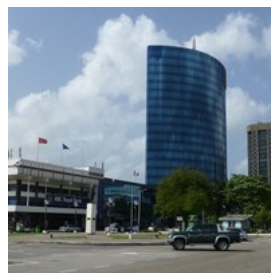
The busiest time at the park is usually in the early evening, when the intense heat has diminished. Locals gather at the park to play cricket or football. If you walk around the perimeter of the park, you will find local vendors selling coconut water, however, if you want to try some of the street foods and drink, there is an open air night market in the car park of Queen's Park Savannah.

Photo: David Stanley/cc by 2.0/flickr (upscaled)(image cropped)

Address: 11 Queen's Park E, Port of Spain, Trinidad & Tobago

Internet: [www.destinationtnt.com/queens-park-savannah](http://www.destinationtnt.com/queens-park-savannah)

### Central Bank Money Museum



The Central Bank Money Museum is a newly refurbished museum closely located to the cruise port. The museum has a strong focus on the

history of currency offering a range of interactive exhibits, including a replica gold bar, an infrared reader to verify banknotes, and a display featuring birds that appear on Trinidad and Tobago's currency.

If you are travelling with children, there is a simulated supermarket where kids can engage in fun activities to understand food prices and how the food economy works. The museum is an air-conditioned indoor space that provides a break from the heat of downtown Port of Spain.

Photo: Grueslayer/cc by-sa 4.0/wikimedia(image cropped)

Address: Financial Complex (S), St Vincent Street, Port of Spain, Trinidad & Tobago

Opening hours: Mon-Fri 8am-3pm

Phone: +1 868 621 2288

Internet: [museum.centralbankarts.org.tt](http://museum.centralbankarts.org.tt)

Email: [info@central-bank.org.tt](mailto:info@central-bank.org.tt)

### Royal Botanical Gardens



Located right next to Queen's Park Savannah in downtown Port of Spain, these serene gardens are one of the oldest and most famous botanical

gardens in the Caribbean. The gardens cover 61 acres of land and are a popular attraction for picnics and photography, with hiking trails and a wide variety of trees.

The Botanical Gardens are home to different plant species, including palms, ferns, cycads, orchids, and other tropical plants. The gardens are open to the public every day, and the admission is free.

Photo: David Stanley/cc by 2.0/flickr (upscaled)(image cropped)

Address: Circular Road, Port of Spain, Trinidad & Tobago

Opening hours: Daily 6am-6pm

Phone: +1 868 622 6494

Internet: [agriculture.gov.tt/divisions-units/divisions/horticulture-services/royal-botanic-gardens-unit](http://agriculture.gov.tt/divisions-units/divisions/horticulture-services/royal-botanic-gardens-unit)

### Fort George



Built on the hills north of St James in 1804, Fort George served as a defensive measure against the Napoleonic fleet. Nowadays, this

historical landmark provides a panoramic view of Port of Spain and the Gulf of Paria.

It takes about an hour and half to reach the top on foot. This effort, however, is worthwhile as you will be rewarded with the gorgeous view of the city. Visitors can also see the original

cannons, dungeons, and artefacts from the era while touring the well-preserved structure of Fort George.

Photo: Grueslayer/cc by-sa 4.0/wikimedia(image cropped)

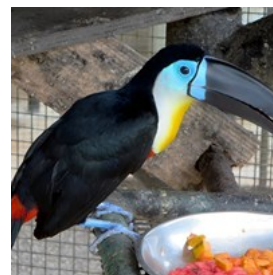
Address: Saint James, Port of Spain, Trinidad & Tobago

Opening hours: Daily 9am-5:30pm

Phone: +1 868 623 4714

Internet: [www.nationaltrust.tt/location/fort-george](http://www.nationaltrust.tt/location/fort-george)

### Emperor Valley Zoo



The Emperor Valley Zoo is the only zoo in Trinidad and Tobago and one of the main attractions in Port of Spain. Up to this day, it is the only zoo in the Caribbean to house lions, giraffes, a giant otter and a 12-foot crocodile. Visitors can also find a variety of other wild animals, including monkeys, snakes, fish, birds, llamas, flamingos, warthogs, and white Bengal tigers.

The zoo is located near the Botanic Gardens. It provides a relaxing environment with its lush vegetation. It is a popular attraction for cruise passengers travelling with their families.

Photo: David Stanley/cc by 2.0/flickr (upscaled)(image cropped)

Address: Zoo Road, Port of Spain, Trinidad & Tobago

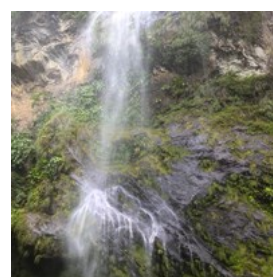
Opening hours: Daily 8am-6pm

Phone: +1 868 622 3530

Internet: [www.zstt.org](http://www.zstt.org)

Email: [zs.tt@hotmail.com](mailto:zs.tt@hotmail.com)

### Maracas Waterfall



Maracas Waterfall is the tallest waterfall on the island of Trinidad. This breathtaking natural beauty is easily accessible via Waterfall Road in

Maracas Valley in St Joseph. If you get there by

car, you can drive to the end of the road and park by the Naranjo Intake Station, then begin your walk from there. The walk to the waterfall should take no more than 25 minutes, but you might want to take the walk slowly and fully appreciate the beautiful scenery.

The trail to the waterfall is well-maintained and open for hikers. The trail as a whole is truly stunning, and if you are fortunate enough during your visit, you can come across blue emperor butterflies. The best time to visit is during the rainy season, that is when the waterfall is at its best cascading off the top.

Photo: Grueslayer/cc by-sa 4.0/wikimedia(image cropped)  
Address: Waterfall Road, Trinidad & Tobago

### Maracas Beach



Located 16 kilometres (10 miles) away from Port of Spain, Maracas Bay is Trinidad's most famous beach given its two kilometres of white sands, swaying palm trees, and turquoise waters.

It is one of the busiest beaches, particularly at weekends, where locals and visitors flock to swim, surf, and indulge in the island's street food. The waves here can reach an average height of about a meter (3 feet), which makes it perfect for surfing.

Last but not least, if you plan to visit Maracas Beach, make sure you try the most popular food here; Shark and Bake, a local dish prepared using fried flatbread, shark meat and additional ingredients.

Photo: Thruston Benny/unsplash  
Address: Maracas Bay Village, Trinidad & Tobago

Internet: [www.destinationtnt.com/maracas-bay](http://www.destinationtnt.com/maracas-bay)

### Las Cuevas Beach

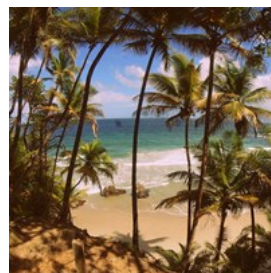


Compared to Maracas Beach, Las Cuevas is a less popular beach with smaller crowds, which makes it ideal for beachgoers looking for a more peaceful environment. You can visit both Marcaras and Las Cuevas on the same day, as it is only a 15-minute drive from one another.

If you are planning to spend the day at Las Cuevas, bare in mind that there are no food stands on the beach. You can either buy food or snacks before heading there or you can pick it up from the establishments on Maracas beach on the way. Apart from that, the beach offers chairs and umbrellas for rent, bathroom facilities, and lifeguards. If you get there by car, there is parking available, but spots are limited, so it is recommended to get there early.

Photo: Grueslayer/cc by-sa 4.0/wikimedia(image cropped)  
Internet: [www.destinationtnt.com/las-cuevas-bay](http://www.destinationtnt.com/las-cuevas-bay)

### Blanchisseuse Bay



Blanchisseuse Bay is a secluded beach, ideal for adventurous travellers. This quiet beach with gentle waves perfect for swimming is over a kilometre long. It is surrounded by coconut trees that provide shade and the chance to taste freshly cut coconuts.

Blanchisseuse Bay is further from the most popular beaches on the island, and it is difficult to access. If you are looking for a quiet, peaceful beach, the hike to get there is definitely

worthwhile.

Photo: Aneil Lutchman/cc by-sa 2.0/wikimedia(image cropped)  
Internet: [www.ima.gov.tt/2022/11/01/blanchisseuse-bay](http://www.ima.gov.tt/2022/11/01/blanchisseuse-bay)

### Tobago Island



The smaller of the two sibling islands, Tobago radiates an undeniable allure that has earned it a reputation as a hidden gem in the Caribbean.

Blessed with a captivating fusion of colonial heritage, vibrant traditional festivals and a delectable cuisine influenced by India and South America, Tobago offers an enchanting experience like no other. Its landscapes, adorned with lush volcanic formations, paint a picturesque backdrop for pristine white-sand beaches. With its unique blend of cultural treasures and natural wonders, Tobago stands as an idyllic haven for those yearning for a truly unforgettable and rejuvenating vacation.

Since most cruise ships dock in Port of Spain on Trinidad, cruise passengers who want to visit Tobago have to catch a ferry to Scarborough, the terminal on Tobago island. The ferry terminal is at walking distance from the cruise terminal, however, the ferry ride to Scarborough takes roughly 3 hours and 30 minutes. Make sure you have enough time to make the trip to Tobago.

Photo: Renaldo Matamoro/unsplash  
Internet: [www.visittobago.gov.tt](http://www.visittobago.gov.tt)

### RESTAURANTS & CAFES



*Owen Bruce/unsplash*

Trinidad and Tobago's cuisine is popular for its diverse array of seafood dishes, fresh fruits and vegetables. Although Callaloo, a hearty stew made from young dasheen or taro leaves, is considered the national dish of Trinidad & Tobago, there are other famous dishes such as curried crab, dumplings, fish soup and saltfish buljol.

Trinidad and Tobago offer a delightful range of beverages to try. Don't miss the creamy and indulgent peanut punch, the refreshing Angostura Chill made with bitters, and the robust Demerara rum crafted from sugarcane along the Demerara River. These drinks showcase the unique flavours and traditions of the islands.

Make sure you make time to try Trinidad and Tobago's divine cuisine and exotic drinks.

### Dopson's Roti Shop

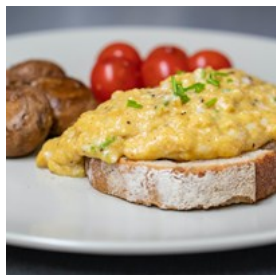


Dopson's Roti Shop is a small, modest establishment, which is a popular choice among locals. They claim to serve the best Trini Roti, Trinidad's most popular food, in Port of Spain.

You can choose from a variety of fresh, succulent fillings, including the popular the curried duck. Vegetarian options and traditional breakfasts are also available. You can do takeaway or place your order in advance if time could be an issue.

Photo: Grueslayer/cc by-sa 4.0/wikimedia(image cropped)  
Address: Maraval Road, Port of Spain, Trinidad & Tobago  
Opening hours: Mon-Sat 7am-5pm, Sun closed  
Phone: +1 868 628 6141

### Nichossa Restaurant



Located in San Fernando, Trinidad, Nichossa Restaurant is a great spot for breakfast, lunch, or simply a quick bite. The menu has excellent

choices such as the steak omelette, the Pink Salmon Provençal and different kinds of pastries, if you just want something to go with your coffee.

If you're looking for an establishment with quality food, friendly staff and free WiFi, Nichossa Restaurant is a good option on Trinidad island.

Photo: amirali mirhashemian/unsplash  
Address: Rainbow Plaza, Link Road, San Fernando, Trinidad & Tobago  
Opening hours: Mon-Sat 7am-4pm, Sun 7am-noon  
Phone: +1 868 652 8912  
Internet: [www.instagram.com/nichossa](https://www.instagram.com/nichossa)  
Email: [nichossa@live.com](mailto:nichossa@live.com)

### Adam's Bagels



Adam's Bagels is a bakery and a restaurant located in the neighbourhood of Maraval, Port of Spain. Their menu includes baked goods and

Lebanese/Trini snacks from the takeaway counter and breakfast options such as pancakes and omelettes.

They also offer a selection of salads, burgers, wraps, and a soup of the day. Vegetarian and gluten-free options are also part of the menu. Whether you want to grab a coffee and a pastry or sit down and dine in, Adam's Bagels is a place worth checking out.

Photo: KWON JUNHO/unsplash (cropped)  
Address: 15A Saddle Road, Port of Spain, Trinidad & Tobago  
Opening hours: Mon-Sat 7am-6:30pm, Sun closed  
Phone: +1 868 622 2435  
Internet: [bagelstrinidad.com](http://bagelstrinidad.com)  
Email: [adam@adamsbagels.com](mailto:adam@adamsbagels.com)

### Mother Nature Vegetarian Fruit, Salad & Juice Bar



Mother Nature is an establishment in downtown Port of Spain that offers a menu full of healthy options. From dairy-free desserts and

healthy meals to a wide selection of freshly pressed natural juices, customers can grab a bite here and also create their own juice with the assortment of fresh fruits and vegetables available.

Photo: Dhiren maru/unsplash  
Address: St Vincent Street, Port of Spain, Trinidad & Tobago  
Opening hours: Mon-Sat 10am-2pm, Sun closed  
Phone: +1 868 625 4562  
Internet: [www.happycow.net/reviews/mother-nature-trinidad-and-tobago-6544](https://www.happycow.net/reviews/mother-nature-trinidad-and-tobago-6544)

## SHOPPING



*Kalamazadkhan/cc by-sa 4.0/wikimedia (image cropped)*

Port of Spain offers a diverse range of souvenirs and products for different budgets. Some of the common items bought on the island are; palm hats, hand-made jewellery, paintings and leather sandals. Trinidad is also famous for its local musicians selling their Calypso music CDs, which are great souvenirs to take home.

Most shops are concentrated in Port of Spain and San Fernando. Opening times may vary, but for the most part, most shops open from Monday to Friday 8am-5:30pm and Saturday 8am-5pm. Shopping centres typically open from 10am to 8/9pm. Supermarkets are generally open from 8am to 8pm daily.

### The Falls at Westmall



The Falls at Westmall is located on the northwest coast of Trinidad. It is a modern, air-conditioned shopping centre that has a decent variety of shops, including some well-known international brands. The shopping centre also has all the essential amenities such as wifi, an ATM machine, toilets, an indoor or outdoor dining area, a pharmacy, and a small grocery store. If you get there by car, there is a spacious car park as well.

The Falls at Westmall is a good option to do your shopping or simply use their Wifi connection while you escape the scorching heat of Trinidad.

Photo: charlesdeluvio/unsplaj

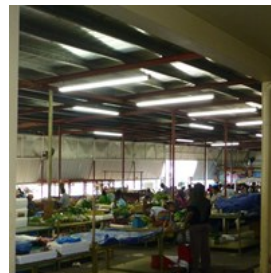
Address: Guardian Drive, Port of Spain, Trinidad & Tobago

Opening hours: Mon-Sat 10am-7pm, Sun noon-6pm

Phone: +1 868 632 1239

Internet: thefallsatwestmalltt.com

### Tunapuna Market



Tunapuna market is a bustling market that is popular for its fresh fruit and vegetables, however, it also has other goods such as, clothing, shoes, and accessories. The market is a vibrant place and a unique Caribbean experience, as there are usually local musicians playing music to entertain you while you shop.

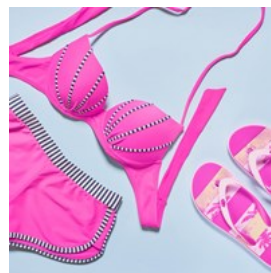
The weekends tend to be the busiest, hence, if you want to avoid crowds, it is best to visit the market during the week. As in most crowded places in Port of Spain, it is recommended to watch your belongings at all times. Also, consider taking public transport, as parking might be a challenge.

Photo: Grueslayer/cc by-sa 4.0/wikimedia(image cropped)

Address: Eastern Main Road, Tunapuna, Trinidad & Tobago

Opening hours: Mon-Fri 6am-6pm, Sat & Sun 6am-1pm

### Bikini Cabana



Bikini Cabana is a boutique specialized in fashionable swimwear such as bikinis and one-piece swimsuits from various parts of the world. It is conveniently located close to the cruise terminal for those who need to buy a new

swimsuit on the way to the beach.

Apart from selling swimwear items, customers can also find accessories such as sunglasses, hats, and beach bags. The boutique is geared towards women, however, they also offer swimwear and beach items for men.

Photo: Marco Verch Professional/cc by 2.0/flickr(image cropped)

Address: 31 Carlos Street, Port of Spain, Trinidad & Tobago

Opening hours: Mon-Fri 10am-5pm, Sat 10am-3pm, Sun closed

Phone: +1 868 223 9732

Internet: [www.instagram.com/bikini\\_cabana](http://www.instagram.com/bikini_cabana)

### Khemlani's Souvenir Shop



Located in the centre of downtown Port of Spain, Khemlani's Souvenir is easily accessible for tourists visiting coming from the docked cruise ships and those vacationing on the mainland. This gift shop offers a wide range of items like corkscrews, refrigerator magnets and, pens and other typical souvenirs. The shop also has a variety of postcards, paintings, posters and home decor pieces showcasing the beauty of Trinidad and Tobago.

Photo: Hans/pixabay

Address: 68 Independence Square North, Port of Spain, Trinidad & Tobago

Opening hours: Mon-Fri 9am-5pm, Sat 9am-3pm, Sun closed

Phone: +1 868 623 4518

Internet: [www.instagram.com/khemlanisouvenirs.tt](http://www.instagram.com/khemlanisouvenirs.tt)

Email: [rkhemlani@yahoo.com](mailto:rkhemlani@yahoo.com)

## TOURIST INFORMATION



Renaldo Matamoro/unsplash

### Piarco International Airport (POS)



Piarco International Airport is one of the two international airports in Trinidad and Tobago, and it is regarded as one of the busiest airports in the

Caribbean. It is located around 30 kilometres to the east of Port of Spain, in the suburban town of Piarco.

The airport is the operational base for the country's national airline, Caribbean Airlines. Travellers can fly directly to destinations in the United States, Canada, Central America, South America and Europe. It also serves as the primary connection point for many passengers travelling from Guyana.

Photo: denithy/pixabay.com

Address: Golden Grove Road, Piarco, Trinidad & Tobago

Phone: +1 868 669 4880

Internet: [piarcointernationalairport.com](http://piarcointernationalairport.com)

Email: [aatt@tntairports.com](mailto:aatt@tntairports.com)

## Visas



Visas are not required for most travellers. Citizens of the United States, Canada, the United Kingdom, Australia, New Zealand and member

countries of the European Union do not require visas to enter Trinidad and Tobago. If you hold a different passport from the ones mentioned above, make sure you check the visa requirements ahead of time.

Visitors must have an onward or return ticket to enter the country.

Photo: ConvertKit/unsplash

Internet:

[en.wikipedia.org/wiki/Visa\\_policy\\_of\\_Trinidad\\_and\\_Tobago](https://en.wikipedia.org/wiki/Visa_policy_of_Trinidad_and_Tobago)

## Best Time to Visit



The months of January to March are often considered the best time to visit Trinidad and Tobago. The weather is drier and cooler during

this period, but it is also the busiest, particularly during Carnival.

The heat starts to increase in May, and the rainy season tends to start in June. Although this is not the recommended time to visit Port of Spain, it is the best time of the year to find lower rates and less tourists. Very rarely do Trinidad and Tobago get hit by hurricanes, as the country is not on the hurricane belt.

Photo: CHUTERSNAP/unsplash

## Taxi



Day or night, taxis are easy to find on most of the main roads in Port of Spain. All taxis on the island can be identified by their license plates,

which begin with the letter H. Taxis in Trinidad and Tobago are not metered, so it is recommendable to agree on a price before the ride.

There are several companies to hire private taxis for longer trips. If you take a hotel taxi, keep in mind that they lean more towards the expensive end. Taxi fares from the airport are set.

Photo: RYU Wongs/unsplash

## Public Transport



Public buses serve Trinidad's major cities. In Port of Spain, they follow set routes, and there is not such thing as a fixed timetable. Bus tickets in

Trinidad range between \$2 and \$12, depending on the distance.

Photo: Paul Lowry/cc by 2.0/wikimedia(image cropped)

Internet: [ptsc.co.tt](http://ptsc.co.tt)

## Pharmacy



There are many drugstores in Port of Spain. The Avenue Pharmacy and Quik Pharm are the closest to the cruise port terminal.

Photo: Mariano Baraldi/unsplash

Address: The Avenue Pharmacy, 95 Ariapita Avenue & O'Connor Street, Port of Spain, Trinidad & Tobago

Opening hours: Mon-Sat 7am-6pm, Sun closed

Internet:

[theavenuepharmacy.wixsite.com/the-avenue-pharmacy](https://theavenuepharmacy.wixsite.com/the-avenue-pharmacy)

### Internet



Trinidad and Tobago ranked 44th in the world for fixed broadband speeds. The median download speed is 31.20 Mbps, whereas the upload speed is 10.47 Mbps.

Photo: Windows/unsplash

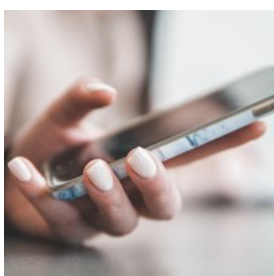
### Electricity



The power plug sockets in Trinidad and Tobago are of type A and B, also standard in the USA. The standard voltage is 115 V and the frequency is 60 Hz.

Photo: Clint Patterson/unsplash

### Telephone



Country code: +1 868

Photo: Jae Park/unsplash

### Population

545,000 (2023)

### Currency

Trinidad and Tobago dollar (TTD, referred to as "teetee") = 100 cents

The US Dollar is accepted everywhere on the island.

### Opening hours

Most businesses are open Mon-Thu 8am-4pm, Fri

8am-6pm, Sat 8am-1pm. On Sundays and major holidays, expect the city to be very quiet. Try and book a tour to make the most of your time.

### Internet

[www.visittrinidad.tt](http://www.visittrinidad.tt)

### Newspapers

Trinidad and Tobago Newsday — [www.newsday.co.tt](http://www.newsday.co.tt)

Trinidad and Tobago Guardian — [www.guardian.co.tt](http://www.guardian.co.tt)

Trinidad and Tobago Express — [www.trinidadexpress.com](http://www.trinidadexpress.com)

### Emergency numbers

Dial 911