



Tonga

Photo: Mari Anuheha/Shutterstock.com



Martin Prochazkacz/Shutterstock.com

In the very heart of the South Pacific lies Tonga, one of the most scenic and unspoiled of the Pacific Island nations, comprising 176 coral and volcanic islands, only 36 of which are inhabited. The ancient Kingdom of Tonga is known for being the oldest and last remaining Polynesian monarchy and its friendly and welcoming people, along with deserted beaches, enchanting festivals and amazing coral reefs, which are all some of the Kingdom's finest assets.

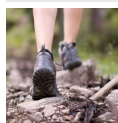


Stanislav Fosenbauer/Shutterstock.com



Nana Trongratanawong/Shutterstock.com

Featured



Tofua

For a real adventure, travel to Tofua and hike. There is a remote volcano, w...



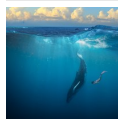
Royal Tombs

You can visit the final resting place of Tonga's royalty at this site. While...



Eua National Park

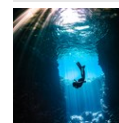
On 'Eua, the National Park is considered one of the best walks in the South ...



Whale watching

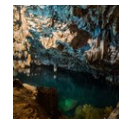
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Top 5



Water Sports

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Anahulu Cave - Underground...

Explore the mysterious cave at Anahulu and dive into its freshwater pool. Th...



Free Church Of Tonga

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Mapu'a 'a Vaea (Whistle of...

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Tongatapu Island Tour

Join a Tongatapu Island Tour to see the Royal Palace, Royal Tombs, the blowh...



THE COUNTRY



MikeDrago.cz/Shutterstock.com

Surrounded by the turquoise waters of the South Pacific, Tonga is divided into four distinct island groups, each scenically diverse.

The main island in the south, Tongatapu, is Tonga's cultural centre and the home of the Kingdom's capital, Nuku'alofa. This is also where the Royal Family resides. To the north lay the Ha'apai group, a chain of delightfully attractive low-lying atolls, the dream destination for divers and anglers. Beyond Ha'apai is the Vava'u group, considered Tonga's sailing centre, where a paradise of lush tropical landscapes, a deep water harbour, rock islands and limestone caves awaits you. Niuaus, an isolated trio of volcanic islands where traditional Tongan culture still thrives, marks the extreme northern reaches of this beautiful South Pacific nation.

The people of Tonga are welcoming, relaxed and deeply traditional. Craft is a social affair within a Tongan village: it brings the people together, and celebrating with friends and family is an important part of their society. Any occasion can become a reason for dancing, singing and feasting. The Heilala Festival, held annually in July, is the Kingdom's largest festival celebrating the Crown Prince's birthday. Indeed, the Kingdom of Tonga is a 'jewel in the Pacific'.

DO & SEE



Izabela23/Shutterstock.com

For travellers, the array of unique settings provides experiences suited for every taste and budget. There are isolated white sandy beaches for soaking in the sun and taking life easy, dense rain forests teeming with exotic flora and fauna to tempt adventurers and naturalists, and a magnificent colourful underwater playground where striking tropical fish dart in and out of incredible coral structures.

Water Sports



Surrounded by coral gardens and with the water so clear in places you can see 40 metres down, the islands of Tonga offer premium

diving and snorkelling experiences. Swim inside the Swallows Cave and dive into Mariners Cave from the island of Vava'u. From Ha'apai, view captivating marine life and colourful corals. Discover the "The Green Wall" of Ha'ano Islands - a long drop-off that plunges towards the great Tongan trench.

Photo: Jukkis/Shutterstock.com

Address: Ha'apai, Tonga

Phone: +676 70292

Internet: www.dolphinpacificdiving.com

Email: info@dolphinpacificdiving.com

More Info: Book your diving trip online with their

professional team

Anahulu Cave - Underground Swimmingpool



Explore the mysterious cave at Anahulu and dive into its freshwater pool.

This unique place holds wonders for visitors and you can discover what's

below the surface by joining a scuba dive tour or snorkelling.

Photo: Janis Apels/Shutterstock.com

Address: Halaliku Rd, Haveluliku, Tongatapu, Tonga

Phone: +676 23363

Internet: www.anahulucave.to

Email: anahulucave@yahoo.com

Free Church Of Tonga



Christianity and the church influence Tonga on various levels of social and public life. This is one of the biggest churches on the whole island and

offers you to join in on a Sunday service.

Alternatively, you can drop in any time to take pictures and admire the architecture.

Photo: Henryk Sadura/Shutterstock.com

Address: Fatafehi Rd, Nuku'alofa, Tongatapu Island, Tonga

Tickets: Free of charge

Mapu'a 'a Vaea (Whistle of the Noble)



The amazing Mapu'a 'a Vaea or blowholes, extend for 5km along the south shore on

Tongatapu. Their name Mapu'a Vaea means

"Chief's Whistles", and you can see the water forced through the natural vents in the coral limestone cliffs sometimes up to 30 metres in

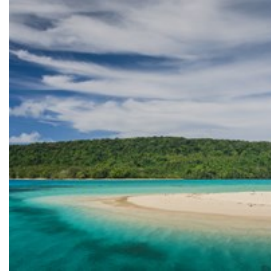
height.

Photo: Nana Trongratanawong/Shutterstock.com

Address: Near the village of Houma, Tongatapu, Tonga

Opening hours: 24/7

Tongatapu Island Tour



Join a Tongatapu Island Tour to see the Royal Palace, Royal Tombs, the blowholes, flying foxes and, on the western side of the island, the

enthraling Ha'amonga Trilithon, the Stonehenge of the South Pacific and the ancient capital of Mu'a with its fascinating Terrace Tombs on the East.

Photo: Michal Durinik/Shutterstock.com

Address: Tongatapu, Tonga

Opening hours: Monday - Saturday: 8am - 5pm

Phone: +676 26110 / +676 23423

Internet: www.tonga-travel.travel/Whole_Island_Tour

Email: info@jonestravel.com.to

More Info: The whole island tour last 6 hours in total

Eua National Park



On 'Eua, the National Park is considered one of the best walks in the South Pacific. Walk through pristine forest, explore the rugged

southern coastline, caves, chasms, waterfalls and see panoramic views. You may hear the raucous cry of the 'koki - or red-breasted musk parrot - found only on 'Eua. It is a great trip for fit people who are keen on nature and adventure. A guide is essential. The trip takes 7 hours and is not suitable for children under 12 years. It is easy to get to 'Eua, you can either go there with a ferry from Nuku'alofa and takes about two hours, or by flight which only takes 8 minutes for a trip.

Photo: MikeDrago.cz/Shutterstock.com

Address: Eua, Tonga

Phone: +676 50254

Internet: www.eua-island-tonga.com

Tofua



For a real adventure, travel to Tofua and hike. There is a remote volcano, where, with planning, you can camp in its crater. Since it is really difficult to get in this oval shaped volcanic island, unless you have your own boat, is highly recommended to book an organised tour in advance.

Photo: Kamila Starzycka/Shutterstock.com

Address: Tofua, Tonga

Whale watching



From June to November hundreds of humpback whales call the warm waters surrounding the islands of Tonga home. The islands of Vava'u have particularly large numbers of whales utilising the area as a nursery. Many tours operate boats for closer viewing.

Photo: Willyam Bradberry/Shutterstock.com

Address: Fatafehi Rd, Neiafu, Tonga

Phone: +61 414 413 672

Royal Tombs



You can visit the final resting place of Tonga's royalty at this site. While you can only see the tombs from a good distance, it's worth visiting the area as there is also a small church

and park nearby.

Photo: Maloff/Shutterstock.com

Address: Laifone Rd, Nuku'alofa, Tongatapu Island, Tonga

DINING



Tamara Cerqueira/Shutterstock.com

With access to some of the best fishing waters in the South Pacific, you can be assured of sumptuous seafood in Tonga. There is a large choice of venues from alfresco dining on the ocean's edge to hidden cafés in the rain-forest. On Tongatapu, you will find a large selection of eateries along Vuna Road which stretches along the waterfront. Many fales will provide breakfast and dinner with a number also providing snacks during the day.

Billfish Bar and Restaurant



This is more than just a great fish restaurant! At Billfish's you can eat and drink for reasonable prices, enjoy a friendly staff and shake a leg on the dance floor. The atmosphere is laid back and might even get a little wild at a late hour. Come here to enjoy an entertaining evening with live music and in-house DJs.

Photo: EQRoy/Shutterstock.com

Address: Nuku'alofa, Tonga

Opening hours: Monday - Friday: 10am - 1am, Saturday:

2pm - 12am, closed on Sunday

Phone: +676 24084

Email: robert@billfish.co

More Info: Happy hour daily: 5pm - 7pm

Marco's Pizza Pasta



This family-friendly restaurant serves quality food, fresh pasta and savoury pizza. You'll find a great selection of wine on the menu and a special

kids offer. If you are lucky enough, you can also enjoy live music by local artists in this unassuming shack.

Photo: Joe Gough/Shutterstock.com

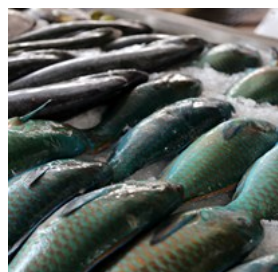
Address: Unga Rd, Nuku'alofa, Tonga

Opening hours: Monday - Saturday: 11am - 2pm / 5pm - 11pm, closed on Sunday

Phone: +676 889 7588

Internet: www.tongaholiday.com/listing/marcos-pizza-pasta

The Fish Market



The local Fish Market in Tongatapu opens its doors to fish lovers and not only from the very early morning (around 5am). Tables are full of

giant crabs, oysters, tropical fish and many more, all caught fresh in the turquoise waters of the Pacific Ocean. Come early and taste some delights of the sea, raw or cooked.

Photo: BVSVM/Shutterstock.com

Address: Nuku'alofa, Tonga

Opening hours: Monday - Saturday: 5am - 4:30pm

Seaview Restaurant



Seaview Restaurant located on Tongatapu, is recognised as the top restaurant in Tonga and one of the best in the entire South Pacific. It specialises in seafood, but also has other dishes that will keep you coming back time and again.

Photo: Leigh Anne Meeks/Shutterstock.com

Address: Vuna Road, Nuku'alofa, Tongatapu, Tonga

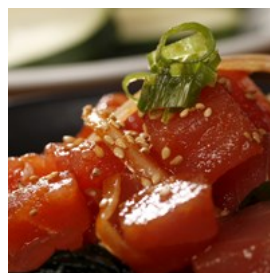
Opening hours: Daily: 7am - 10pm

Phone: +676 23709

Internet: www.seaview-lodge.com/restaurant

More Info: Located in Seaview Lodge a 4* accomodation

Waterfront Lodge and Cafe



At the Waterfront Restaurant, take in the décor, food, service and the hosts, then add a dash of Italy and the romance of the Pacific and you are set for a wonderful night out.

Photo: Liggic/Shutterstock.com

Address: Vuna Road, Ma'ufanga, Nuku'alofa, Tonga

Phone: +676 24 692

Internet: www.waterfrontlodge-tonga.com

Email: info@waterfront-lodge.com

More Info: The Waterfront Cafe and Lodge is located opposite to Queen Salote Wharf

Lunarossa Restaurant



Discover Italian flavours at Lunarossa Restaurant, famous for cooking flavourful Tongan seafood with a dash of Italian influence. Chef Marco knows how to make his guests feel special by serving them the best homemade tagliatelle pasta on the island.

Photo: Mateusz Gzik/Shutterstock.com

Address: Umusi/Ma'ufanga, Nuku'alofa, Tongatapu, Tonga

Opening hours: Monday - Friday: 7pm - 10pm, closed on Saturday & Sunday

Phone: +676 26 324

Internet: www.tongaholiday.com/listing/lunarossa-restaurant

Email: veronesiana@hotmail.com /

marcoeanna2010@hotmail.com

Little Italy Hotel & Restaurant



For a taste of Italy in Tonga, visit Little Italy Pizzeria — one of the oldest and best-known restaurants all around the island — for authentic

Italian pizza, Italian dishes and desserts. It is located five blocks west of Royal Palace.

Photo: Alexkich/Shutterstock.com

Address: Vuna rd, Kolomotu'a, Nuku'alofa, Tonga

Opening hours: Open 6 days a week for breakfast and dinner

Phone: +676 25 053

Internet: www.littleitalytonga.com

More Info: Located in Little Italy Hotel

CAFES



[kamomeen/Shutterstock.com](https://www.shutterstock.com)

Cafes offer a wide choice of meals for breakfast and lunch and also a tremendous selection of snacks throughout the day. Most are located along the waterfront of Vuna Road on Tongatapu.

Ene'io Visitors Centre & Cafe



Ene'io Botanical Gardens is open every day and offer live workshops right by the beautiful Ene'io Beach. This is also a great place for swimming, snorkelling and surfing. When you're tired of activities, take a break at the beach front cafe.

Photo: vetrovamarina/Shutterstock.com

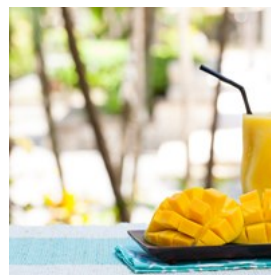
Address: Ene'io Beach, Vava'u, Tonga

Opening hours: Daily 9:30am-4pm

Phone: +676 867 1048

Internet: eneiobotanical.garden

Cafe Tropicana



This favoured spot is located in the centre of Neiafu and is popular for its wide-ranging menu, which includes homemade bread and cookies, pies, burgers and wraps, and smoothies. In addition, don't miss out their award winning espresso coffee. Free WI-FI also available.

Photo: Anna_Pustynnikova/Shutterstock.com

Address: Neiafu, Tonga

Opening hours: Monday - Friday: 7:30am - 6pm, Saturday: 7:30am - 3pm, closed on Sunday

Phone: +676 71 322

Internet: www.vavau.to/tropicana

Email: tropicana@vavau.to

More Info: cafetropicnavavau.business.site

Friends Cafe



Friends Cafe, the opposite corner of the post office, has great coffee and food with the daily menu offering seafood chowder that is one of the best. This is a popular place for

visitors and locals.

Photo: enterphoto/Shutterstock.com

Address: Taufua'ahau Rd, Nuku'alofa

Opening hours: Monday - Friday: 7:30am - 10pm, Saturday:
8am - 7pm, closed on Sunday

Phone: +676 22 390

Internet: www.friendstonga.com

Email: friends@kalianet.to

Cafe Escape



Cafe Escape offers a large choice of meals for breakfast and lunch and also a tremendous selection of snacks throughout the day.

There's a lounge to relax on, internet to inform you and music to please you.

Photo: Maridav/Shutterstock.com

Address: Taufua'ahau Road, Nuku'alofa, Tongatapu, Tonga

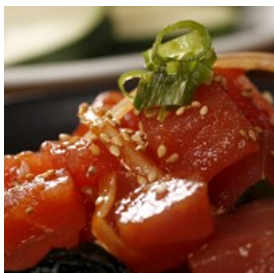
Opening hours: Monday - Friday: 7am - 10pm, Saturday:
7am - 4pm, closed on Sunday

Phone: +676 21 212

Internet: www.tongaholiday.com/listing/cafe-escape

Email: cafeescapetonga@gmail.com

Waterfront Lodge and Cafe



At the Waterfront Restaurant, take in the décor, food, service and the hosts, then add a dash of Italy and the romance of the Pacific

and you are set for a wonderful night out.

Photo: Liggic/Shutterstock.com

Address: Vuna Road, Ma'ufanga, Nuku'alofa, Tonga

Phone: +676 24 692

Internet: www.waterfront-lodge.com

Email: info@waterfront-lodge.com

More Info: The Waterfront Cafe and Lodge is located opposite to Queen Salote Wharf

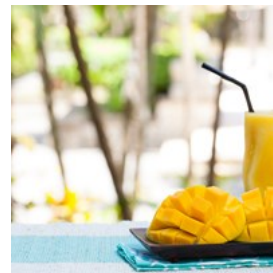
BARS & NIGHTLIFE



James Steidl/Shutterstock.com

The nightlife in Tonga is filled with enthusiasm and zest. It is very diverse — from high-class bars to those with less than an upmarket reputation — it just goes to show that Tonga believes in catering for every taste and fancy. All bars close at midnight on Saturday nights.

Cafe Tropicana



This fave spot is located in the centre of Neiafu and is popular for its wide-ranging menu, which includes homemade bread and cookies, pies, burgers and wraps, and smoothies. In addition, don't miss out their award winning espresso coffee. Free WI-FI also available.

Photo: Anna_Pustynnikova/Shutterstock.com

Address: Neiafu, Tonga

Opening hours: Monday - Friday: 7:30am - 6pm, Saturday:
7:30am - 3pm, closed on Sunday

Phone: +676 71 322

Internet: www.vavau.to/tropicana

Email: tropicana@vavau.to

Nauti Ruby's



This waterfront bar, located in Tu'imatamoana Marina, is recommended by locals whether for lunch in a tranquil atmosphere, enjoying

local dishes like ota ika (raw fish marinated in lemon juice), or for a sports night; watching the game while sipping a beer or the local apple cider is just what the doctor ordered.

Photo: cedric bouchage/Shutterstock.com

Address: Vuna Rd, Tonga

Opening hours: Monday - Friday: 4pm - 12:30am, Saturday: 4pm - 12am, closed on Sunday

Phone: +676 887 8377

Misas Guest House



Kava drinking circles are often an invite-only affair and usually for men only. However, if you are of the female gender and want to taste this illustrious

South Pacific beverage then pop into Toni's Guest House, which often lets women sit and sip along with their male counterparts.

Photo: 7Parkers/Shutterstock.com

Address: Tofoakoloua, Tongatapu, Tonga

Phone: +676 21 049

Internet: www.tonisguesthouse.com

The Billfish Bar



The Billfish Bar is easily the most popular bar in town. It is a relaxed open-air place draped in flags and fishing trophies and has a gravel floor and a great vibe. Ikale and Steinlager are on tap and there are plenty of other imported drinks in

which to indulge. Live music of varying quality is played for the dance floor on Wednesday and Friday nights and karaoke is popular.

Photo: Valentyn Volkov/Shutterstock.com

Address: Vuna Rd, Nuku'alofa, Tongatapu, Tonga

Opening hours: Monday - Friday: 10am - 1am, Saturday: 2pm - 12am, closed on Sunday

Phone: +676 24 084

Email: robert@billfish.co

More Info: Happy hour daily: 5pm - 7pm

The Waterfront Cafe



At the Waterfront, take in the decor, food, service and the hosts, then add a dash of Italy and the romance of the Pacific and you are set for a

wonderful night out.

Photo: Minerva Studio/Shutterstock.com

Address: Vuna Road, Ma'ufanga, Tonga

Phone: +676 24 692

Internet: www.waterfrontlodge-tonga.com

Email: info@waterfront-lodge.com

More Info: The Waterfront Cafe and Lodge is located opposite to Queen Salote Wharf

SHOPPING



prosiaczeq/Shutterstock.com

Tongans are renowned for their handicrafts, in particular their large and intricate tapa cloths which make the perfect Tongan souvenir. These are made from the stem of the mulberry tree

which is beaten into a pulp and finally made into the large cloths measuring at least 20 square feet. Ngatu is a plain tapa cloth, designed with a stencilled pattern from natural dyes, and are presented at important gatherings. You can purchase small lengths of this unique cloth at the markets in Nukualofa. Mats are another important item to Tongan families. They are woven from strips of pandanus leaves and traditionally made by the women.

Food Shopping



Check out Si'i-Kae-Ola Supermarket, along Taufa'ahau Road, for your shopping needs or the Molisi Supermarket for general food during your stay.

Si'i-Kae-Ola Supermarket
Taufa'ahau Road, Kolofo'ou, Tongatapu
+676 27411

Molisi Supermarket
Tupoulahi Road, Fasi, Tongatapu
+676 23355
asupa@molisi.to

Photo: Skylines/Shutterstock.com
Address: Taufa'ahau Road, Kolofo'ou, Tongatapu, Tonga

Stamp Hunting



Tonga's stamps rival those of other South Pacific nations for collectors who admire their colour and significance for historical events of the Kingdom. The Philatelic Bureau is located at the corner of Taufa'ahau and Salote

Roads.

Photo: Sergey Ryzhov/Shutterstock.com
Address: Taufa'ahau, Tonga
More Info: Corner of Taufa'ahau and Salote Roads.

Langafonua Women's Association Handicraft Centre

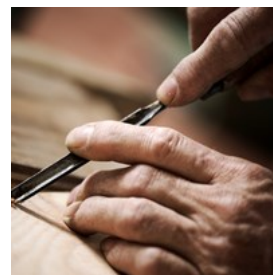


Wood has been a scarcity in Tonga for a long time and therefore wood carvings are becoming increasingly prized, due to the decrease in forest

timbers. For those truly interested in purchasing fine handicrafts, visit the Women's Handicraft Centre.

Photo: willmetts/Shutterstock.com
Address: Fatafehi Rd, Tongatapu, Tonga
Opening hours: Monday - Friday: 9am - 5pm, Saturday: 9am - 1pm, closed on Sunday
Phone: +676 70 356

Tongan National Centre



Exceptional examples of traditional craft can be seen at the Tongan National Centre at Tofoa. Souvenirs, carvings in wood, shell and bone are

prized and one of the best places to pick up excellent carvings at reasonable prices is Art of Tonga, located in the Fund Management Building on Taufa'ahau Road. It is a small shop, but don't let that fool you, for the quality of wares they sell is very good. Be mindful when buying that you are purchasing a genuine article.

Photo: Stokkete/Shutterstock.com
Address: Taufa'ahau Rd, Nuku'alofa, Tonga
Phone: +676 886 8338
Internet: www.tonganationalcentre.com

The Fish Market



The local Fish Market in Tongatapu, opens its doors to the fish lovers and not only from the very early morning (around 5am). Tables are

full of big crabs, oysters, tropical fish and many more, all caught fresh in the turquoise waters of the Pacific Ocean. Come early and taste some delights of the sea, raw or cooked.

Photo: BVSVM/Shutterstock.com

Address: Tongatapu, Tonga

Opening hours: Monday - Saturday: 5am - 4pm, closed on Sunday

TOURIST INFORMATION



Michal Durinik/Shutterstock.com

Airport



International Airports are located on Tongatapu - Fua'amotu International Airport is located 21km south of the capital Nuku'alofa and Vava'u -

Lupepau'u International Airport lies 10km north of the capital Neiafu.

Chathams Pacific is currently the only domestic airline servicing the Kingdom of Tonga. They

commenced operations in the Kingdom of Tonga in April 2008 and now have a fleet of 6 aircraft servicing 6 ports ('Eua, Tongatapu, Ha'apai, Vava'u, Niuatoputapu and Niuafu'ou).

Polynesian Blue Airlines flies to Tonga several times per week from Australia and New Zealand with connections from most cities.

There is no public bus service directly to the airport, but shuttles and taxis are available on international flights. Most accommodation in Nuku'alofa provides pick-up services for their guests if you let them know in advance. Teta Tours provides transfers to and from the domestic and international airport.

Photo: Juan Garces

Address: Tonga Airports Building, Poutaha, P.O. Box 876, Nuku'alofa, Tongatapu

Phone: +676 21 888

Internet: www.tongaairports.com

Real Tonga Airline



Real Tonga Airline operates domestic flights between the isles of the Kingdom and is the fastest way to fly from one island to another

to-date. Even though the planes do not have the best track record in terms of safety and are operated in a somewhat disorganised way (cancellations at the gate are common, and so are sudden schedule changes), the airline remains the primary way of getting around the islands, especially those far apart.

Photo: M-O Vector/Shutterstock.com

Phone: +676 23777

Internet: <https://realtonga.to>

Email: booking@realtonga.to

More Info: There are no connections on Sundays.

Passport/Visa



Visitors to Tonga that come from visa exempt countries don't need visas prior to arrival for stays of up to 90 days. Visa-free countries include:

Australia, Austria, Barbados, Belgium, Brazil, Brunei Darussalam, Canada, Cook Islands, Cyprus, Denmark, Dominica, Federated States of Micronesia, Fiji, Finland, France, French Polynesia, Germany, Greece, Ireland, Italy, Japan, Kirabati, Luxembourg, Malaysia, Malta, Marshall Islands, Monaco, Nauru, Netherlands, New Zealand, Niue, Norway, Palau, Papua New Guinea, Portugal, Russia, Samoa, Seychelles, Singapore, Solomon Islands, Spain, St Kitts & Nevis, St Lusia, St Vincent & the Grenadines, Sweden, Switzerland, The Bahamas, Turkey, Tuvalu, Ukraine, United Kingdom, United States of America, Vanuatu. All citizens who do not come from one of the aforementioned countries require a visa prior to arrival.

All travelers must hold a valid passport.

Check out whether you need a visa or not at:
www.visahq.com/tonga/requirements

Photo: TukTuk/Shutterstock.com

Best Time to Visit



The tropical maritime climate allows to enjoy the Kingdom of Tonga and all its small islands throughout the year.

Snorkelling, diving,

sunbathing and other outdoor activities can be fully enjoyed from May to October (the driest season). On the contrary, if you are planning to go from November to April - known as the wet

season - be aware that heavy rainfall and cyclones hit the island and most of the outdoor activities are cancelled.

Photo: VectorA/Shutterstock.com

Time zone

Time zone: GMT +13



Photo: Ruzi_yan/Shutterstock.com

Culture & Customs of Tonga



It may seem like, at its core, life in Tonga hasn't changed much over a long period of time, except for the introduction of cars and

WI-FI (limited connectivity).

Here's some travel advice for Tonga:

Hierarchies are strong in Tonga, and men are more powerful than women in the public scene, but within the family sisters are ranked higher than brothers. The older sister makes all the decisions and the younger siblings can't rebut.

Tonga is a very Christian country, meaning that Sunday is devoted to family and church - Sunday Law prohibits all types of activities, from playing to working to even doing the washing. Avoiding being topless (even for men) or wearing black clothes (it means you're mourning) is recommended.

The ubiquitous pigs of Tonga are an attraction in

themselves: they roam the island freely and in large amounts, so you're essentially guaranteed to run into at least a few dozen.

Photo: JSS DZGN/Shutterstock.com

Ferry



The MV Olovaha travels from Nuku'alofa, Tongatapu to Neiafu, Vava'u via Ha'afeva and Pangai in the Ha'apai group, depart on Tuesday

and arrive on Wednesday. The return journey from Vava'u to Nuku'alofa departs Thursday. Schedules can vary, so it is best to check with either the Shipping Corporation of Tonga or Tonga Visitors Bureau for the latest schedules. If you plan to travel straight out to the northern islands, check departure times prior to your arrival.

Photo: M-O Vector/Shutterstock.com

Phone: +676 23 853

Internet: www.vavau.to

Rental Cars



Visitors are required to obtain a temporary driver's license to rent a car. The test is usually to produce your home license, your passport

and a fee. People drive very slowly in Tonga, observing all the rules of 40 km/hr in towns and villages and outside these areas 65 km/hr.

Some rental car companies:

- Star Rental Car Tonga

Taufa'ahau Rd, Nuku'alofa, Tonga

+676 774 6630

24/7

-Me Rental Tonga

Umusi Rd, Nuku'alofa, Tonga

+676 25 736

24/7

-Avis

Fua'amotu, Tonga

+676 21 179

Photo: Beny1/Shutterstock.com

Bicycle Hire



Bicycles are a cheap and fun mode of transportation around the main island. Many guest houses have bicycles for hire or complimentary

use.

Photo: Gulshan Gulabli/Shutterstock.com

Address: Vuna Rd, Nuku'alofa, Tonga

Phone: +676 23709

Internet: www.tongabike.com

Email: seaview.tonga@gmail.com

Bus



The buses in Tonga are an inexpensive way of getting around. There is no scheduled timetable, however, buses usually start early in the morning

around 8:00 and run until 17:00 and no buses operate on Sundays. It is advisable if you have travelled out of Nuku'alofa for the day that you are on a bus for return into town by 15:00.

There are two central bus stations located along Vuna Road in Nuku'alofa. Opposite the Tonga

Visitors Bureau office, is the Central Bus Station that takes you to the Hospital and around the town area. To travel to the far eastern and western districts, catch a bus from the station opposite the Ministry of Education building.

Photo: Pierre-Luc Auclair

Taxi



Recognise a taxi by the "T" in front of the numbers/letters of the number plate. They are not permitted to operate on Sundays. Please

ensure you ask for the taxi fare to a certain place before you agree to pay or get on. There are numerous taxis on Tongatapu and Vava'u and elsewhere very few or none.

Photo: ArrivalGuides

Phone: +676 25 169

Post



The main Post Office is located in Nuku'alofa and 4 more agents in the outer islands. All together work as a network offering shipping and

receiving mail, printing services and business services (rely on them for your business mail).

Photo: Andy Fuchs

Address: Vuna Rd, Nuku'alofa, Tonga

Opening hours: Monday - Friday: 8:30am - 4:30pm,

Saturday: 9am - 12pm, closed on Sunday

Phone: +676 21 700

Internet: <http://tongapost.to>

More Info: Corner of Taufa'ahau and Salote Roads

Pharmacy



Rely on Neeru's Pharmacy staff for a quick service or for more serious health problems visit Village Mission Clinic and Pharmacy,

which offers wider services like doctors appointments, prescriptions and non-prescription medicines, health advice, home services (a fee is required) and more.

Neeru's Pharmacy

Nuku'alofa, Tonga

+676 26 200

Monday - Friday: 9am - 7pm, Saturday: 9am - 3pm

Village Mission Clinic and Pharmacy

(Unit 4 and 5 Patco Business Centre), Taufa'ahau Road, Nuku'alofa, Tonga

+676 27522

Monday - Friday: 8:30am - 5pm, Saturday: 10am - 1:30pm

<http://villagemissionclinic.org>

Photo: Gemma Garner

Telephone

Country code: +676



Photo: Jardson Almeida

Electricity



The standard voltage is 240V/50hz. The power plug and socket are type I, meaning that if you're travelling from Europe or the US an adapter is

required. Travellers from China, Australia, New Zealand, the South Pacific and Argentina don't need an adapter.

Photo: Stirling Tschan

Population

104,494 (2019)

Currency

Tongan pa'anga (T\$)
1/100 = seniti (cents)

Opening hours

Most shops are open Mon–Fri 8:30am–4:30pm, Saturday 9am–1pm. Almost everything is closed on Sundays.

Internet

www.thekingdomoftonga.com

Newspapers

Matangitonga (online newspaper)
Times of Tonga
Talaki
Kele'a
Ita

Emergency numbers

Medical: 933
Fire: 911
Police: 922

Tourist information

Tonga Visitors Bureau
Vuna Road, Nuku'alofa, Tonga
+676 25 334

Friends Tourist Centre
Taufa'ahau Rd, Nuku'alofa
+676 27 323