



# Newquay

Photo: Jaroslaw Grudzinski/Shutterstock.com



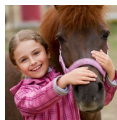
ian woolcock/Shutterstock.com

The coast of dreams, ravaged by the Atlantic Ocean and lined by spectacular sandy beaches, where you will find towering cliffs sheltering small rock pools. The sea is teeming with life, and the crystal-clear water is perfectly alluring, whether you are dreaming of a relaxing swim or an adrenaline-pumped afternoon of extreme sports. If you shy away from the surf, you can admire the spectacular views from above as you stroll along the tops of the cliffs or wander back into town and into one of the many delightful gardens.



Swellphotography/Shutterstock.com

## Featured

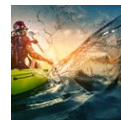


**Dairyland Farm World**  
Dairyland is the ideal farm experience for the whole family. Spend some days...



**The Japanese Garden and Bo...**  
The Japanese garden provides a relaxing experience in Newquay. Walk through ...

## Top 5



**Newquay Watersports Centre**  
Newquay Watersports Centre is located in the historic Newquay Harbour and of...



**Newquay Zoo**  
At Newquay Zoo you can find a Tarzan trail, Adventure Park and assault cours...



**The Flambards Experience**  
Flambards theme park is the perfect destination for a fun day out with the e...



**The Eden Project**  
World famous project built to highlight the interdependence between humans a...



**Lappa Valley Steam Railway**  
Lappa Valley is a unique historic setting and here you will find loads of fu...



Mike Charles/Shutterstock.com



## THE CITY



*Savvapanf Photo/Shutterstock.com*

Newquay is unquestionably Britain's surfing capital with national and international competitions attracting athletes and spectators throughout the year. But it is also a popular, lively resort area with miles of fine beaches, calm coves and cliff-top walks where you can have a go at spotting Cornish dolphin.

There is something here for everyone, irrespective of the weather. Play pitch and putt near Marcus Hill or head out to the Trenance Gardens. From the harbour you can take short cruises and buy freshly-caught shellfish or make the most of the pleasure area and watch all the activity. Newquay has developed its own unique culture and offers an exciting holiday, with its fashionable bars, clubs, cafés and restaurants as well as first-class indoor attractions such as the Aquarium, Cornwall Pearl, National Maritime Museum, or the Eden Project.

From safe sandy beaches ideal for children to the hectic thrills of the roaring breakers, you are sure to find the perfect spot for yourself on one of Newquay's fourteen beaches. And with walking, cycling, horseback riding, bowling, tennis, fishing, kite surfing, wakeboarding, diving, power kiting or abseiling, plus a host of indoor and outdoor attractions all in the surrounding area, it really is impossible to be

bored here.

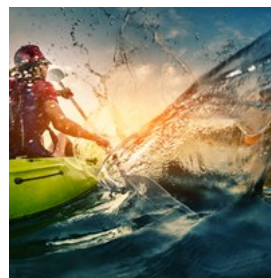
## DO & SEE



*Francesco Carucci/Shutterstock.com*

Newquay is a destination with a laid back charm which offers a range of top quality attractions for every age and interest. Here you will find activities both in and out of the water, in fact it is said that Newquay is one of the United Kingdom's top ten beach destinations. You will also find indoor activities like Blue Reef Aquarium and The Eden Project and outdoor activities like Newquay Zoo. The whole family will definitely have a nice holiday in Newquay.

### Newquay Watersports Centre



Newquay Watersports Centre is located in the historic Newquay Harbour and offers a wide range of water sports and activities on

land. You can book tours and hire equipment to go surfing, stand-up paddle-boarding or kayaking. There are activities available to try out for everyone.

Photo: Dudarev Mikhail/Shutterstock.com

Address: Newquay Harbour, South Quay, New Quay

Opening hours: Every day 9am - 6pm

Phone: +44 7535 103119

Internet: [www.newquaywatersportscentre.co.uk](http://www.newquaywatersportscentre.co.uk)

Email: [info@newquaywatersportscentre.co.uk](mailto:info@newquaywatersportscentre.co.uk)

## Newquay Zoo



At Newquay Zoo you can find a Tarzan trail, Adventure Park and assault course as well as various talks and walks. All of these activities

make this a fascinating day out for young and old alike. Here you will also find a children's play area.

Photo: Airwolfhound/Flickr(image cropped)  
Address: Trenance Gardens, Newquay  
Opening hours: Every day 10am - 5pm  
Phone: +44 1637 873342  
Internet: [www.newquayzoo.org.uk](http://www.newquayzoo.org.uk)  
Email: [info@newquayzoo.org.uk](mailto:info@newquayzoo.org.uk)

## The Flambards Experience



Flambards theme park is the perfect destination for a fun day out with the entire family. With over twenty rides, attractions and activities, there is

something to do for all age groups. It is located 45 minutes outside of Newquay. Check out their website for more information about the different rides and events.

Photo: Lee Yiu Tung/Shutterstock.com  
Address: Clodgy Lane, Helston  
Phone: +44 1326 564093  
Tickets: [www.flambards.co.uk/events/calendar](http://www.flambards.co.uk/events/calendar)  
Internet: [www.flambards.co.uk](http://www.flambards.co.uk)  
Email: [info@flambards.co.uk](mailto:info@flambards.co.uk)

## The Eden Project



World famous project built to highlight the interdependence between humans and the environment. You get a 3 GBP discount if you walk or cycle there. Buses from Newquay and St Austel go directly to the Biome doors.

Photo: Francesco Carucci/Shutterstock.com  
Address: Bodelva, Newquay  
Phone: +44 1726 811911  
Tickets: [www.edenproject.com/buy-tickets-0](http://www.edenproject.com/buy-tickets-0)  
Internet: [www.edenproject.com](http://www.edenproject.com)  
Email: [webmail@edenproject.com](mailto:webmail@edenproject.com)  
More Info: Eden Project, Bodelva, St Austell, Cornwall

## Lappa Valley Steam Railway



Lappa Valley is a unique historic setting and here you will find loads of fun things to do and discover. Your opportunity to go on steam railway trips, woodland walks, paddle boats, canoes, crazy golf and see a mine engine house.

Photo: Arsgera/Shutterstock.com  
Address: St. Newlyn East, Newquay  
Opening hours: Every day 10am - 4pm  
Phone: +44 1872 510317  
Internet: [www.lappavalley.co.uk](http://www.lappavalley.co.uk)  
Email: [info@lappavalley.co.uk](mailto:info@lappavalley.co.uk)

## Dairyland Farm World

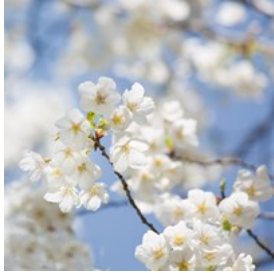


Dairyland is the ideal farm experience for the whole family. Spend some days close to cows, pigs, horses or chicken or drop by for a day trip. Children as well as grown ups can learn more about the food chain and will see where milk boxes actually

come from. It's fun and informative.

Photo: gorillaimages/Shutterstock.com  
Address: Tresillian Barton, Newquay  
Opening hours: Every day 10am - 5pm  
Phone: +44 1872 510246  
Internet: www.dairylandfarmworld.com

### The Japanese Garden and Bonsai Nursery



The Japanese garden provides a relaxing experience in Newquay. Walk through the green meadows, learn more about its flora and meet some of the curious animals living there.

Photo: xiangdong chen/Shutterstock.com  
Address: St. Mawgan, Newquay  
Opening hours: Every day 10am - 6pm  
Phone: +44 1637 860116  
Internet: www.thebonsainursery.com

## BEACH LIFE



Christine Dodd/Shutterstock.com

With 11 beaches in the vicinity of Newquay's town centre there is a slice of shore for everyone, but you should always remember to bathe between the red and yellow flags and be aware of the tide. The sea at Newquay is crystal clear, but the ocean tides are strong, particularly near headlands and rocks. Great care should be exercised at ebb tide periods, there are tide clocks on the principal beaches and Lifeguards

will always give advice.

All the beaches have good facilities including cafés, but Great Western beach, reached by a steep slope leading off Cliff Road, is the best family beach for small children.

### Fistral Beach



To surf on Newquay's most famous beach, head west past the harbour and onto Headland Road. Fistral is home to Newquay's many national and international surfing championships.

Photo: Elle1/Shutterstock.com  
Address: Headland Road, Newquay

### Watergate Bay



Watergate Bay, just three miles out of the town centre along the Watergate Road heading to Padstow, is Newquay's longest and most spectacular beach, offering surfing, kitesurfing and mountain boarding at the Extreme Academy.

Photo: Mike Charles/Shutterstock.com  
Address: Watergate Bay

### Tolcarne Beach



Tolcarne Beach is a popular spot for body boarders and families alike. In the area you will find Lusty Glaze, a cove cut into cliffs that offers sports for all ages and abilities including abseiling, climbing and kayaking.

Photo: Mike Charles/Shutterstock.com  
Address: Tolcarne Beach, Newquay  
Internet: [www.tolcarnebeach.com](http://www.tolcarnebeach.com)

### Holywell Bay Beach



Holywell Bay is the perfect example of the north coast's wide sandy and spacious beaches. Relax in the dunes or take a walk along the coast

and explore Holywell Cave. At low tide, you will be able to see the wreck of an old Argentinian ship in the distance.

Photo: Helen Hotson/Shutterstock.com  
Address: Holywell Bay, Newquay

### Towan Beach



Towan Beach is a popular destination to go for a swim in the sea or have a picnic at the sandy beach. There is a unique cliff formation that is linked to the mainland with a suspension bridge.

Photo: Paul Nash/Shutterstock.com  
Address: Towan Beach, Newquay  
Phone: +44 1637 854020

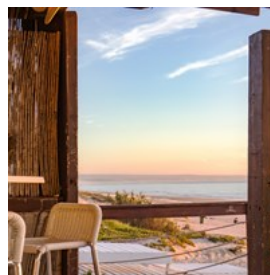
## DINING



*Olga Nayashkova/Shutterstock.com*

Reducing the impact on the environment by purchasing food from local producers has become a British trend which, thanks to the ocean, countryside and milder climate in Cornwall, means that it is at the forefront of this culinary movement. The finest local produce and a beautiful setting have attracted master chefs specializing in seafood and native vegetables; with more top quality restaurants opening than you can poke a fork at.

### Fistral Beach Bar



Open for breakfast, lunch and dinner, this stylish restaurant has a stunning view over Newquay's premier surfing beach. Here you can choose dishes from an imaginative menu of seasonal meat dishes, fresh seafood and local produce.

Photo: Ruben Pinto  
Address: Headland Road, Newquay  
Phone: +44 1637 879444  
Internet: [www.fistralbeachbar.co.uk](http://www.fistralbeachbar.co.uk)  
Email: [info@fistral-blu.co.uk](mailto:info@fistral-blu.co.uk)  
More Info: [Fistral Beach](#)

### The Boathouse



This restaurant is set within the harbour so you are guaranteed fish fresh off the boat, superbly prepared and presented.

The spacious decked terrace is the perfect place to peruse the all-organic wine list.

Photo: Kzenon/Shutterstock.com

Address: South Quay Hill, Newquay

Opening hours: Every day 12pm - 3pm, from 6pm

Phone: +44 1637 874062

Internet: [www.the-boathouse-newquay.co.uk](http://www.the-boathouse-newquay.co.uk)

Email: [info@the-boathouse-newquay.co.uk](mailto:info@the-boathouse-newquay.co.uk)

More Info: The Old Boathouse

### Red Lion Inn



This is a great pub overlooking the harbour, with a pleasant outdoor area. This is a good spot if you want to eat the catch of the day. It is

popular with locals, serves local beer and good old fashioned pub grub.

Photo: Roberto Giobbi/Shutterstock.com

Address: North Quay Hill, Newquay

Opening hours: Mon - Thu 11am -11pm, Fri & Sat 11am - 12pm, Sun 12pm-11pm

Phone: +44 1637 872195

Internet: [www.redlionnewquay.co.uk](http://www.redlionnewquay.co.uk)

Email: [redlion0953@tcg-uk.com](mailto:redlion0953@tcg-uk.com)

### Kahuna



This family-restaurant is a hidden gem on the Newquay dining scene.

Offering only five tables, the small location provides a cozy

experience with great food. Try the Tempura soft

shell crab, it's heavenly!

Photo: DronG/Shutterstock.com

Address: Station Approach, Newquay

Opening hours: Every day 5.30pm - 9.30pm

Phone: +44 1637 850440

Internet: [kahunarestaurant.co.uk](http://kahunarestaurant.co.uk)

Email: [info@littlekahuna.co.uk](mailto:info@littlekahuna.co.uk)

### Gusto Deli Bar



This small take away offers Mediterranean flavours, flat bread and falafels. Step into Gusto deli bar for lunch and

dine at the beach, you will want to come back for more.

Photo: Grafvision/Shutterstock.com

Address: 4 Beach Walk, Newquay

Opening hours: Wed - Sun 11.30am - 3pm

Phone: +44 7415 410734

Email: [gusto.cornwall@gmail.com](mailto:gusto.cornwall@gmail.com)

### Lusty Glaze



For seasonal vegetables, regional ingredients and fresh food drop by at Lusty Glaze. Dine at the beach and enjoy the great view of the blue ocean.

Note that the place might get crowded so a dinner reservation is recommended.

Photo: Magdanatka/Shutterstock.com

Address: Lusty Glaze Road, Newquay

Opening hours: Mon - Sun 10am - 11pm

Phone: +44 1637 872444

Internet: [www.lustyclaze.co.uk](http://www.lustyclaze.co.uk)

Email: [info@lustyclaze.co.uk](mailto:info@lustyclaze.co.uk)

### The Fistral Stable



Craving pizza? Hungry for pasta? Drop by at the Stable and get a great view with your order. The friendly staff and the affordable prices make

this restaurant a favourite of locals and visitors alike.

Photo: kuri2000/Shutterstock.com

Address: Fistral Beach , Headland Road, Newquay

Phone: +44 1637 878311

Internet:

[www.stablepizza.com/locations/the-stable-fistral-beach/](http://www.stablepizza.com/locations/the-stable-fistral-beach/)

Email: [tellus@stablepizza.com](mailto:tellus@stablepizza.com)

### CAFES



Shebeko/Shutterstock.com

When you are in Newquay you will never be far from coffee shops, you will find plenty of pleasant places where you can relax and take a cup of coffee. Many of the coffee shops offer traditional English breakfast, lunch and dinner. To drink you can have skinny latte, americano or hot chocolate and if you like something sweet you can have a pastry or a cake.

### Oceans Cafe



At Oceans Café you can have exceptional breakfast, lunch or dinner. They also offer snacks, teas which you can enjoy in the outside

garden area. The staff is described as friendly and welcoming.

Photo: DronG/Shutterstock.com

Address: 34 East Street, Newquay

Opening hours: Every day 8am - 4pm

Phone: +44 1637 859 000

Internet: [www.restaurantsnapshot.com/OceansCafe](http://www.restaurantsnapshot.com/OceansCafe)

### Andy's Café



You will find this traditional British café in the centre of Newquay. The friendly staff serves local produce, Cornish crab, homemade soup, cakes, biscuits, Cornish cream teas, organic fair-trade coffee, hot chocolates and lots more.

Photo: Chainupong Hiporn/Shutterstock.com

Address: 15 East Street, Newquay

Opening hours: Every day 8am - 9pm

Phone: +44 1637 870 666

### Harbour Rest Café



Harbour Rest Café serves freshly cooked traditional English breakfast throughout the day and offers an extensive lunch and dinner menu,

homemade cakes, coffee and tea. Try their freshly baked scones with your afternoon tea.

Photo: Dave Denby/Shutterstock.com

Address: 2 South Quay Hill, Newquay

Opening hours: Every day 9am - 5pm

Phone: +44 7561 336065

Internet: [www.theharbourrestcafenewquay.co.uk](http://www.theharbourrestcafenewquay.co.uk)

### The Green heART Café



The Green heART Café is an independent vegetarian/vegan café that is located only a few minutes away from Fistral Beach. The menu

is mainly vegan with the exception of some vegetarian dishes. They offer lunches as well as cakes and vegan cupcakes.

Photo: [sarsmis/Shutterstock.com](#)

Address: 18 Tower Road, Newquay

Opening hours: Thu - Mon 10am - 4pm

Phone: +44 7723 491249

Internet:

[www.vegancornwall.org.uk/eatery/the-green-heart-cafe](http://www.vegancornwall.org.uk/eatery/the-green-heart-cafe)

### BARS & NIGHTLIFE



[ian woolcock/Shutterstock.com](#)

Most visitors to Newquay are outdoor types who like to burn the candle at both ends, finishing off exhausting days of sport with several hours of serious socialising.

### Red Lion Inn



This is a great pub overlooking the harbour, with a pleasant outdoor area. This is a good spot if you want to eat the catch of the day. It is popular with locals, serves local beer and good old fashioned pub grub.

Photo: [Roberto Giobbi/Shutterstock.com](#)

Address: North Quay Hill, Newquay

Opening hours: Mon - Thu 11am -11pm, Fri & Sat 11am - 12pm, Sun 12pm-11pm

Phone: +44 1637 872195

Internet: [www.redlionnewquay.co.uk](http://www.redlionnewquay.co.uk)

Email: [redlion0953@tcg-uk.com](mailto:redlion0953@tcg-uk.com)

### Walkabout



Live music, dancing and a few bebies are the order of the day with many Australian surfers working behind the bar. If you want to stay out late, you have come to the right place since this is a late night party venue.

Photo: [Pressmaster/Shutterstock.com](#)

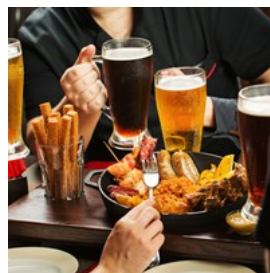
Address: The Crescent, Newquay

Phone: +44 1637 853000

Internet: [www.walkaboutbars.co.uk/venues/newquay](http://www.walkaboutbars.co.uk/venues/newquay)

Email: [walkabout.newquay@stonegatepubs.com](mailto:walkabout.newquay@stonegatepubs.com)

### Bertie O'Flannigan's



This place is cheap and cheerful and the best place to go for a good ol' cheesy night out. Next to Bertie's club you will find Bertie's Bar where you can relax and have a drink. If you are hungry a great selection of pub food is available too.



Photo: KANIN.studio/Shutterstock.com  
Address: East Street, Newquay  
Phone: +44 1637 870370  
Internet: [www.bertiesclub.co.uk](http://www.bertiesclub.co.uk)  
Email: [bertiesnightclub@gmail.com](mailto:bertiesnightclub@gmail.com)

### The Sailors Arms



The Sailors Arms is a pub and nightclub in one place. In the pub you can have a drink and at the same time enjoy the view of Newquay Bay from the decking area. If you are feeling hungry they serve pub food daily. This nightclub is ideal for a night out and is described as the Top Club in the Southwest. Here you can dance to R&B, Indie and Party music all night long.

Photo: Pressmaster/Shutterstock.com  
Address: 15 Fore Street, Newquay  
Phone: +44 1637 872 838

### Old Albion Inn



This 400 years old building houses a traditional English pub and offers an outstanding atmosphere of days gone by. Step in for some cold beer and meet the regulars inside. It's the ideal place to start into your evening.

Photo: David Prah/Shutterstock.com  
Address: Langurroc Road Crantock, Newquay  
Phone: +44 1637 830243  
Internet: [www.aldalbioncrantock.com](http://www.aldalbioncrantock.com)  
Email: [oldalbioninn1@live.co.uk](mailto:oldalbioninn1@live.co.uk)

### The Mermaid Inn



Fancy a beer on the beach? The Mermaid makes it possible. This pub is located directly on the beach so you don't have to decide between evening sun and pub crawl. Bring your friends and enjoy a good time.

Photo: iko/Shutterstock.com  
Address: Alexandra Road, Newquay  
Opening hours: Mon - Sat 11am - 11pm, Sun 12pm - 11pm  
Phone: +44 1637 872954  
Internet: [www.mermaidinn.com/bar/bar-menu-2](http://www.mermaidinn.com/bar/bar-menu-2)  
Email: [mermaidinfo@btinternet.com](mailto:mermaidinfo@btinternet.com)

### The Tavern Inn



This cozy pub offers you great drinks and daily specials. Drop by for a stout and grab a bite such as the outstanding fish plate. A good time at the Tavern is guaranteed.

Photo: Minerva Studio/Shutterstock.com  
Address: Mellanvrane Lane, Newquay  
Phone: +44 1637 873564  
Internet: [www.taverncornwall.co.uk](http://www.taverncornwall.co.uk)  
Email: [kellymhill1980@gmail.com](mailto:kellymhill1980@gmail.com)

### The Fort Inn

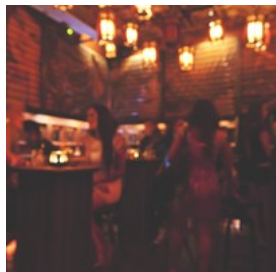


The Fort Inn is the ideal family pub for a relaxed evening. Step in for different ales, fish and chips and the cozy atmosphere while the kids enjoy the outdoor playground.

Photo: dasytnik/Shutterstock.com  
Address: 63 Fore Street, Newquay  
Opening hours: Every day 11am - 11pm

Phone: +44 1637 875700  
Internet: [www.fortinnnewquay.co.uk](http://www.fortinnnewquay.co.uk)  
Email: [fortinn@staustellbrewery.co.uk](mailto:fortinn@staustellbrewery.co.uk)

### Whiskers



If you like cats, Whiskers is the place to enjoy some drinks and live music with your friends in a feline-inspired atmosphere. Whiskers

has won awards for best service and has been voted best bar repeatedly. There is an open mic every Monday and DJs at the weekend.

Photo: [ben bryant/Shutterstock.com](#)  
Address: 5-7 Gover Lane, Newquay  
Opening hours: Mon - Sat 5pm - 1am  
Phone: +44 1637 498100  
Internet: [www.whiskersnewquay.co.uk](http://www.whiskersnewquay.co.uk)  
Email: [thewhiskeysteam@gmail.com](mailto:thewhiskeysteam@gmail.com)

## SHOPPING



[Kikovic/Shutterstock.com](#)

This beach town has a plethora of gift shops and intriguing little shops down charming side streets to give the town a real identity of its own. As you walk eastward from the bus station, you will find the highest concentration of shops along the pedestrian stretches of Manor Road, and the streets north of it up to The Crescent.

On Bank Street you will find good independent shops specialising in gifts. Once you have done a

loop round the pedestrian area, head back past the bus station and onto East Street where you will find more of Newquay's own Bargain Hunters and Nice Things then carry on onto Cliff Road for more gifts and bric-a-brac.

### Roly's Fudge Pantry

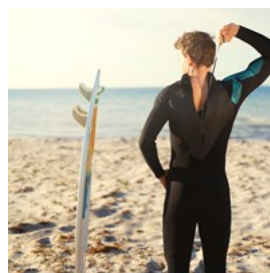


How does hand-made fudge with vanilla, chocolate or rum-flavour sound to you? Roly's Fudge Pantry offers you delicacies for every

occasion. Step in to satisfy your sweet tooth or buy a present for friend. It's always a good idea to stop by.

Photo: [Andrea Skjold Mink/Shutterstock.com](#)  
Address: 56 Bank St, Newquay  
Opening hours: Every day 10.30am - 5.30pm  
Phone: +44 1637 859373  
Internet: [www.rolysfudge.co.uk/stores/rolys-fudge-newquay](http://www.rolysfudge.co.uk/stores/rolys-fudge-newquay)  
Email: [rolysfudgenewquay@gmail.com](mailto:rolysfudgenewquay@gmail.com)

### Newquay Sports Shop



If you're planning an adventure holiday you should stop by this sports shop. Equip yourself with the latest surfing gear or get a new pair of outdoor

shoes. The friendly staff can help you with your choice.

Photo: [Uber Images/Shutterstock.com](#)  
Address: 2 Crantock St, Newquay  
Opening hours: Mon - Sat 9.30am - 5.30pm, Sun 10am - 5pm  
Phone: +44 1637 874101

### Sunset Surf Shop



to fit into the crowd.

When in Newquay, surfing is a must. Get yourself a new board or just style as the surfers do. At this store you will find everything and more

Photo: Steve Heap/Shutterstock.com  
Address: 106 Fore Street, Newquay  
Opening hours: Sun - Fri 10am - 5pm, Sat 9pm - 5.30pm  
Phone: +44 1637 877624  
Internet: [www.sunsetsurfnewquay.co.uk](http://www.sunsetsurfnewquay.co.uk)  
Email: [info@sunsetsurfnewquay.co.uk](mailto:info@sunsetsurfnewquay.co.uk)

### Watershed



the adventure!

Are you ready to hit the waves? Watershed equips you with everything you need for watersports, surfing, diving and so on. Get a new wet-suit, buy

some quality outdoor clothing and get ready for

Photo: Dudarev Mikhail/Shutterstock.com  
Address: 3-5 Bank St, Newquay  
Opening hours: Mon - Fri 9am - 5.30pm, Sat & Sun 9am - 5pm  
Phone: +44 1637 498121  
Internet: [www.watershedshop.com/47](http://www.watershedshop.com/47)  
Email: [info@watershedshop.co.uk](mailto:info@watershedshop.co.uk)

### No Worries



prints and designs. Drop by and find your match.

Looking for a hoodie or a Newquay souvenir? Then search no more. This shop offers you quality clothing, towels, cups and other gifts with exclusive

Photo: Bryan Ledgard(image cropped)

Address: 66 Bank Street, Newquay  
Opening hours: Every day 12am - 12am  
Phone: +44 1637 872106  
Internet: [www.noworriesonline.com](http://www.noworriesonline.com)  
Email: [nwsonline64@gmail.com](mailto:nwsonline64@gmail.com)

### Cornwall Galleries



look at the newest artworks and take home your favourite. Paintings are available from 30 GBP.

The Cornwall Galleries opened its doors in the 1960 and has featured interesting exhibitions from local artists ever since. Drop by to take a

Photo: Kuznetcov\_Konstantin/Shutterstock.com  
Address: 4 Bank Street, Newquay  
Opening hours: Mon - Sat 9.30am - 5pm, 10.30am - 3.30pm  
Phone: +44 1637 873678  
Internet: [www.cornwallgalleries.co.uk](http://www.cornwallgalleries.co.uk)

### Retro Sounds Records



collections and new releases and take home your favourites.

Whether you're a music lover or Vinyl collector, this independent music store is your fit. Flip through the many records, second hand

Photo: Fisher Photostudio/Shutterstock.com  
Address: Unit 7, Morfa Hall, Cliff Road, Newquay  
Opening hours: Tue - Sat 10am - 4pm  
Phone: +44 7964 043364  
Email: [retrosoundsrecords@yahoo.co.uk](mailto:retrosoundsrecords@yahoo.co.uk)

### Cornish Cream



Looking for a last minute gift or souvenir? Stop by at Cornish Cream and buy everything from flowers to key-chains or accessories. The shop

offers lovely things and you won't leave it empty-handed.

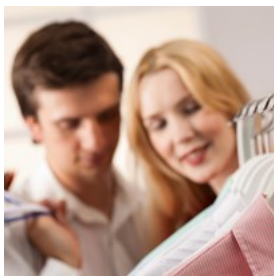
Photo: Kamil Macniak/Shutterstock.com

Address: 29 Bank Street, Newquay

Opening hours: Every day 9am - 9pm

Phone: +44 1637 877710

### IC Clothing



You're a fashionista and always on the lookout for the latest trends? Then you shouldn't miss i-candy in Newquay. The small store offers both

men and women a great selection of affordable up-to-date clothes, shoes and accessory. What are you waiting for?

Photo: Valeriy Velikov/Shutterstock.com

Address: 5 Central Square, Newquay

Opening hours: Sun - Fri 10am - 5.30pm, Sat 9.30am - 5.30pm

Phone: +44 1637 872019

Internet: [www.icandyclothing.co.uk](http://www.icandyclothing.co.uk)

## TOURIST INFORMATION



Photo: Nick Hawkes/Shutterstock.com

### Passport/Visa



Citizens of the European Union member-states, Norway, Liechtenstein, Iceland, Switzerland, and Overseas Countries and Territories (OCT) only

require a valid passport to enter the UK.

Residents of a further 10 countries do not require entry visas for stays under 6 months: the USA, Canada, Australia, New Zealand, Japan, Singapore, South Korea, South Africa, Hong Kong, and Malaysia. Nationals of some further countries do not require a visa, but need to hold an entry certificate. Use the UK Government website to check for specific requirements: [www.gov.uk/check-uk-visa](http://www.gov.uk/check-uk-visa).

Photo: TukTukDesign/Shutterstock.com

### Best Time to Visit



If you want to avoid high prices, visit Newquay in September. The weather will still be warm and most tourists will have already left towards the end of August. If you are looking for a traditional

seaside holiday, you should visit Newquay during the months of July and August to enjoy the sandy beaches and seaside bars.

Photo: VectorA/Shutterstock.com

### Newquay Cornwall Airport



Newquay Cornwall Airport is located less than 5 miles east of Newquay town centre and it is quick and easy to get there by bus or by

road. Western Greyhound bus 556 operates between the airport and Newquay and Padstow. [www.westerngreyhound.com](http://www.westerngreyhound.com)

Travel Cornwall also has buses and taxis running regularly from the airport into Newquay Bus Station.

[www.travelcornwall.uk.com](http://www.travelcornwall.uk.com)

It is advisable to book a taxi in advance.

You can also hire a car with Hertz, Avis or Europcar.

Photo: Juan Garces

Address: Newquay Cornwall Airport, Newquay

Phone: +44 1637 860600

Internet: [www.newquaycornwallairport.com](http://www.newquaycornwallairport.com)

### Public transport



Newquay is small and it is quick and easy to get around on foot. Travel Cornwall and Western Greyhound run regular bus services around town

as well as to other destinations in Cornwall. Western Greyhound offers different types of tickets and you buy tickets on the bus.

In peak season traffic builds up and parking is difficult, so it is best you leave your car parked and get around town on foot or by bus. If you are going further afield by train you can buy a 'PlusBus' rail ticket and this can then be used on Greyhound buses within the Newquay area on your day of travel.

Photo: Pierre-Luc Auclair

Internet: [www.travelcornwall.uk.com](http://www.travelcornwall.uk.com)

### Taxi



All vehicles licensed by the local authority display a card in their windscreen. A yellow card means the cab can be flagged down in the

street; a red one means it must be booked over the phone.

123 Taxis Newquay  
+44 1637 851234  
[www.123taxis.co.uk](http://www.123taxis.co.uk)

Newquay Taxis:

Photo: ArrivalGuides

Phone: +44 1637 87 10 11

Internet: [www.newquaytaxis.org](http://www.newquaytaxis.org)

### Post



Look for the red and white signs to find a post office. Main Post Office:

Photo: Andy Fuchs

Address: 31-33 East Street, Newquay

Opening hours: Mon - Sat 9am - 5.30pm, Sat 9 am - 12.30 pm

Phone: +44 8457 223344  
Internet: [www.postoffice.co.uk](http://www.postoffice.co.uk)

### Pharmacy



You can easily find a pharmacy in Newquay.  
Drury's Pharmacy +44 1673 872589 [www.druryspharmacy.co.uk](http://www.druryspharmacy.co.uk) Kaye's Chemist:

Photo: Gemma Garner  
Address: 8 East street, Newquay  
Opening hours: Mon - Sat 9am - 6pm, Sun 10am - 4pm  
Phone: +44 1673 873353  
Internet: [www.kayeschemist.co.uk](http://www.kayeschemist.co.uk)

### Telephone



Country code: +44 Area code: 01637

Photo: Jardson Almeida

### Electricity



240V/50Hz

Photo: Stirling Tschan

### Population

Approximately 22,000

### Currency

1 British Pound (GBP) = 100 pence

### Opening hours

Opening hours for shops in Newquay vary, but in the city retailers trade between 9am - 5.30pm on weekdays, 10am - 5.30pm on Saturday and 10am - 4.30 Sunday.

### Newspapers

Western Morning News  
Cornish Guardian  
West Briton  
Evening Herald

### Emergency numbers

Emergency: 112 or 999

### Tourist information

Newquay Tourist Information Centre  
Marcus Hill, Newquay  
Mon - Fri 10am - 4pm, Sat & Sun 10am - 3pm  
+44 1637 838516  
[newquay.tic@cornwall.gov.uk](mailto:newquay.tic@cornwall.gov.uk)



Agar Road	C2 C3	Headleigh Road	C3	Saint Thomas' Road	C2
Anthony Road	B3	Henver Road	D1	Seymour Avenue	B2 C2
Atlantic Road	A2	Hilgrove Road	D1 D2	Sweet Briar Crescent	D3
Bank Street	B2	Holywell Road	C2 D2	Sydney Road	B2
Bay View Terrace	C2	Hope Terrace	A2	Tolcarne Road	C2
Beach Road	B2	Island Crescent	B2	Tor Road	C2
Bedowan Meadows	D3	Jubilee Street	A2	Towan Blystra Road	D2
Bonython Road	D1	King Edward Crescent	A1 B1	Tower Road	A2
Carminow Way	D1	Lanhenvor Avenue	C2	Trebarwith Crescent	B2 C2
Chester Road	D2	Linden Avenue	C3	Tredour Road	B3 C3
Chichester Creacent	C3	Listry Road	B3 C3	Treforda Road	C3
Chynance Drive	B3	Lusty Glaze Road	D1	Tregunnel Hill	B2 B3
Chyverton Close	B3	Manor Road	B2	Trelawney Road	B3 C2
Cliff Road	C2	Marcus Hill	B2	Treloggan Lane	D3
Crantock Street	A2 B2	Mayfield Road	B2	Treloggan Road	D3
Dale Road	D3	Mellanvrane Lane	C3	Trenance Avenue	C2
Dane Road	A1	Mount Wise	A2 B2 C2	Trenance Lane	C3
Duke's Way	D2	Narrowcliff	C2 D1	Trenance Road	C2 C3
East Street	B2 C2	Pargolla Road	C2	Treninnick Hill	C3 D3
Edgcumbe Avenue	C2 C3	Penina Avenue	C3	Trerice Drive	D2
Edgcumbe Gardens	C2 D2	Penmere Drive	A3	Trethellan Hill	A2
Eliot Gardens	C2 D2	Pentire Road	A2	Tretherras Road	D2
Elm Close	D3 D4	Polwhele Road	D4	Trethewey Way	B3
Ennor's Road	B2	Robartes Road	C2	Trevean Way	A3
Estuary View	A3 B3	Saint Anne's Road	D1	Trevemper Road	C3 C4 D4
Fore Street	B1 B2	Saint George's Road	B2	Ulalia Road	D2
Gannel Road	A3 B3 C3	Saint John's Road	A2	Wheatfield Crescent	D3
Hawkins Road	B3 C3	Saint Mary's Road	B2	Whitegate Road	D2
Headland Road	A1	Saint Michael's Road	B2	Wych Hazel Way	C3 D3